

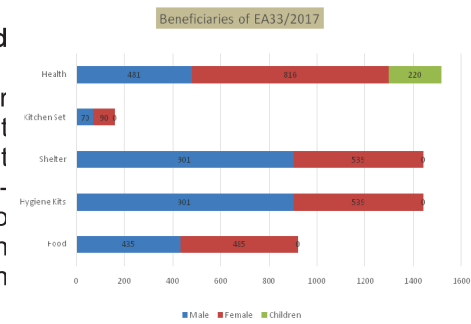
EMERGENCY

EA33/2017 Pakistan Flood Response

This year's monsoon has affected urban areas instead of traditional rural flooding and put more pressure on authorities to respond. The outbreak of Dengue in Peshawar city is also one of the main outcomes of urban floods. Major cities like Karachi, Islamabad, Rawalpindi and Lahore have been affected. The overall death toll during monsoon 2017 has raised to 177 and 166 injured and 426 houses destroyed all over the country. The rains during the recent Monsoon season have been quite heavy resulting in the emergence of dengue cases from Peshawar by the mid-August 2017. The first case was notified on the 19th July 2017. As of 24th November 2017, over 122,807 suspected cases were registered, 25,770 cases tested positive and 69 deaths recorded. The most affected district is Peshawar. In Peshawar 114,182 suspected cases were registered, 23,708 cases tested positive and 64 deaths were recorded. The outbreak has been contained with on average 5 cases being recorded daily in the last 4 days. See Figure 1; below showing daily incidence of confirmed Dengue fever cases. With the start of monsoon heavy rains in 2017, Caritas Pakistan organized series of preparedness activities in flood prone areas through the Community Based Disaster Risk Management (CBDRM) project. The Emergency Response Team (ERT) has been activated and all diocesan units intimated to communicate early warnings issued by government agencies in easy understandable languages to Parishes, communities and other institutions.

EA33/2017 Pakistan Flood Response was launched to meet the needs of affected families. Methodology

Caritas Pakistan diocesan units have already existence in the affected areas through for Community Based Disaster Risk Management Program. So, Disaster Management Committees (DMCs) were used for EA33 implementation. The village Development Group (CDG) were formed in some areas where Caritas Pakistan don't have pre-existence. We have already conducted awareness programs for their preparation to minimize effects of any kinds of disasters. So communities were main stakeholders in implementation of EA33/2017 project has supported Caritas Pakistan in well manners in response process.



Distribution of food packages

Responding to the one of the priority needs of the affected families, Caritas Pakistan provided food packages to 920 families. For the provision of food packages to affected families Caritas Pakistan followed the below mentioned process. Meeting with Parish Priests and community leaders and volunteers who were involved in need assessment as well. Community Development Groups (CDGs) were formed in targets of Peshawar and Karachi city because Caritas Pakistan don't existence in through other program. In all other areas, Disaster Management Committees (DMCs) were engaged. Initial listing of the beneficiaries was made in close coordination with relevant stakeholders according the agreed criteria with Community Development Groups (CDGs) and Disaster Management Committees (DMCs).

Priority given to the female headed households, family with elderly people and households with handicapped people. One day prior to the distribution coupons provided to the listed households, coupon contains beneficiary Name/Parents name, CNIC number and it was signed and stamped by the Caritas Pakistan officials, a sample attached as annexure. Beneficiary lists were cross-checked with the relevant authorities. With the purpose to ensure that same beneficiary is receiving food package, coupons were cross checked with beneficiary lists. All the beneficiaries acknowledged the receipt of food packages with signature/thumb impressions on receiving sheet. Caritas Pakistan organized distribution in small clusters where required, with the purpose to avoid any unfavorable situation the distribution and common places were used in consultations with CDG/DMCs and Parish Priests as well. The district provided security to all the distributions. The government officials participated in distributions upon the invitation of Caritas Pakistan.

Free Medical Camps

Caritas Pakistan conducted 9 medical camps in four diocesan units of Caritas Pakistan i.e. Multan, Lahore, Faisalabad and Karachi. Patients benefited from camp suffering from several kinds of diseases and complications in this area. As a result of free medical camp about 1517 get medical check-up by a qualified Doctor assisted by paramedical staff at their door step. Following types of diseases had been diagnosed, such as gastroenteritis; acute respiratory infection, conjunctivitis otitis (ear problematic) and kidney infections were referred to ENT specials at DHQ hospital). Other diseases like; scabies, skin diseases, allergic dermatitis, constipation, and high blood pressure were observed. Hence headache, body pain, Blood pressure, Joint pain, Hepatitis, fever had also been found. People were grateful to Caritas Pakistan Faisalabad for showing their concerns about their community.



Hygiene Awareness and Distribution of Hygiene Kits

Due to the urban floods, local government capacity was tested and performance was not at required level. It was poor solid waste management and drainage systems and lack of awareness of the local population added fuel to the fire and population were at high risk of outbreak of epidemics in affected areas. Provision of hygiene kits and awareness raising efforts were much needed intervention. Caritas Pakistan provided hygiene kits to 1440 households along with food package distribution and used same methodology as it was for food distributions. 1,440 flood affected households received hygiene kits. Caritas Pakistan field staff demonstrated use of mosquito nets and repellent for women, children, sick and elderly.



Provision of Mosquito Nets

Shelter kits was designed based on higher risk of outbreak of diseases due to stagnant water in open low lying spaces there is an unprecedented growth of mosquito. It includes mosquito nets and other items which will provide protection against Dengue threats. Beneficiaries were selected according to criteria were adopted as agreed with Community Development Group (CDG) and other stakeholders and priority was given to women headed households, households with elderly people and households with handicapped people. 1440 households received shelter kits and field staff demonstrated the installation of mosquito nets and use of mosquito repellent.

CARITAS PAKISTAN STAFF & VOLUNTEERS CONVENTION 2017

Caritas Pakistan organized its annual staff & volunteer's convention 2017 from December 10-15, 2017 at Renewal Centre Lahore. The Annual Convention comprised of various events organized during the whole week in which different stakeholders and staff members of Caritas Pakistan participated across the country.

First event of the annual convention was European Union funded project (PEACH) training workshop on volunteer management with the staff working in country and volunteers all over Pakistan working in emergencies and disaster risk reduction projects in Pakistan. 07th Board Meeting also organized in which all board members of Caritas Pakistan assured their participation. Most Rev. Bishop Benny Mario Travis (Bishop of Multan) also took his charge officially from Archbishop Joseph Coutts as Chairman Caritas Pakistan.

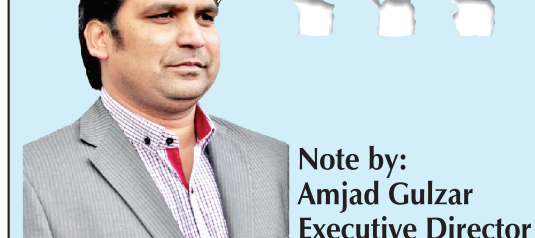
General Body Meeting was also the part of Annual Convention in which Most Rev. Bishop Benny Mario Travis presided the meeting as Chairman of Caritas Pakistan. Representatives of general body approved certain policies and decisions for Caritas Pakistan which will be implemented in coming years especially in 2018.

Farewell ceremony of Archbishop Joseph Coutts as former chairman of Caritas Pakistan was also among the main event during these six days convention. Caritas Pakistan also organized Laudato Si Reflection Workshop from December 13-14, 2017 to sensitize community volunteers, staff members, other NGOs and representatives from other churches. Over 50 participants including staff members from across the country, seminarians, priests, representatives from other churches and parishes participated in the workshop.

Caritas Pakistan day was observed during the annual event; The Caritas Pakistan Day celebration were started with a documentary depicting the services of Caritas Pakistan followed by the organization's anthem sung by the staff members. During the program best field workers from each diocesan unit and best volunteers were given awards. A cultural night also organized on the last night during annual convention. There were different performances as cultural songs, dance, poetry, skits and through these performances every group and individuals presented the different dimensions the culture of Pakistan.

The Annual Staff & Volunteers Convention concluded with sports gala in which different games were organized for staff. A

cricket match was also part of sports gala which both team played with great enthusiasm. At the end of sports gala prizes and medals were awarded to the winner of different games. Mr. Amjad Gulzar Executive Director Caritas Pakistan said that there is need of sports man spirit and players have good and a active minds who can play a vital role in their professional work and development.



I welcome you to read our last issue of Caritas Calling covering the fourth quarter of year 2017. Some of the major highlights of this quarter included women farmer conference, Laudato si reflection workshop, emergency response mechanism & volunteer management workshop and Caritas Staff and Volunteers Convention.

The 4th Annual Women Farmer Conference held in October was a reaffirmation of Caritas Pakistan's commitment to women empowerment. A Laudato Si Reflection workshop helped participants understand the key messages and ended with a commitment and action plan to care for our common home. While emergency response mechanism & volunteer management workshop focused on the role of volunteers pre, during and post emergency response

Caritas Pakistan benefitted around 32000 individuals under its emergency response during September 2017. Food packages and mosquito nets were distributed to flood affected communities and free medical camps were also organized.

The year concluded with Annual Caritas Staff and Volunteer Convention, which comprised of various events including commemoration of Caritas Day; farewell and appreciation to outgoing Chairman of Caritas Pakistan; recognition of volunteers and staff members; input/sharing by Executive Secretaries; cultural night and sports gala. Meetings of Executive Board and General Body were also held prior to Caritas Convention.

It's important to mention here that His Grace Archbishop Joseph Coutts served for nineteen years in the capacity of Chairman of Caritas Pakistan. The incoming Chairman Most Rev. Bishop Benny Mario Trava took over the responsibility with new hopes and commitment.

I wish the valuable readers a very happy Christmas and a joyous new year in advance!



Caritas Pakistan organized 4th Women Farmer Conference from October 10 – 12, 2017 National Secretariat and Children Library Complex, Lahore under the theme Sustainable Agriculture: Sustainable Development. The conference was a reaffirmation of Caritas Pakistan's commitment to women empowerment through learning, facilitating and appreciating their efforts. The primary objective of conducting this conference has to provide women farmers an opportunity to learn, share their best practices with each other and acknowledge their services. Women farmers, tenants, women entrepreneurs, and volunteers from Karachi, Hyderabad, Tando Allahyar, Layyah, Muzaffargarh, Sargodha, Khushab, Mianwali, Narowal, Sialkot, Faisalabad, Sibi, Naseerabad, Lahore and Faisalabad districts participated in the conference. The speakers from government and non-government organizations also attended the event. 90% of the 120 participants were women, which affirm the dedication of Caritas Pakistan towards women development.

The first two days (Oct 10-11) focused on contribution of women in agriculture sector in Pakistan; fruit crops in Balochistan and women involvement; drip irrigation units in Punjab for kitchen gardening; finalization of exhibition plan; and women entrepreneurship for economic development. Ms. Mumtaz Mughal, Resident Director Aurat Foundation delivered useful information to the women participants about different livelihood opportunities and micro financing opportunities for urban and rural women. The concluding event on October 12 was a bigger occasion inviting women from different walks of life to participate. It consisted of a cultural performance, inauguration of exhibition, panel discussion and sharing of stories of change from women beneficiaries. Fr. Francis Gulzar, Vicar General Archdiocese of Lahore expressed his joy and happiness on the gathering of women and stressed women not to consider them as weaker part of the society.

This event is a tribute to contribution of women in different sectors and Caritas Pakistan will make sure that women conference is held every year – Said Mr. Amjad Gulzar, Executive Director, Caritas Pakistan during his welcome remarks. The panelists consisted of Ms. Christina Peter (AWARD), Ms. Tahira Khan (Rescue 1122), Ms. Tahira Habib (HRCP), Ms. Anila Gill (Caritas Pakistan), Ms. Aliya Kha (Punjab Commission on the Status of Women), Dr. Saamia Saif (Environmental), Ms. Saffora Zainab (AAHAN), and Ms. Jahan Ara (psycho therapist). The speakers emphasized the need for technical skills and education for women; interventions of Caritas Pakistan for women empowerment; effects of climate change; social and psychological issues of women.

PEACH

Diocesan level events of PEACH Project

Caritas Pakistan organized diocesan orientation on main components of PEACH Project with diocesan units' staff, priest, nuns and volunteers at Parish House of Rung Pur District Muzzfargarh hosted by Diocese of Multan on 31st October 2017 attended by 27 participants. Two diocesan units of Caritas Pakistan named Caritas Pakistan Multan and Faisalabad attended one-day orientation program. Mr. Nadeem Yousaf PEACH Project Coordinator National Secretariat was the main facilitator of orientation and delivered sessions on PEACH Project introduction, Caritas Internationalis Toolkit in Humanitarian Response, Core Humanitarian Standards and 09 Commitments, Volunteers Management System (Volunteers Membership Form, Volunteers Database forms), Cash Transfer Program in Emergencies, Sharing of Suggestions and Recommendations in midterms review of PEACH Project, Evaluation of PEACH Project (2016-2018).

Participants were given handouts and templates of guidance notes of need assessment in emergencies, need assessment formats, Core humanitarian standards and other topics handouts and detailed discussions and talks were delivered. Participants' questions and queries were also addressed during the orientation program. Volunteers are important while dealing and managing emergencies in Pakistan and proper database is managed at diocesan and national level with Caritas Pakistan. We are determined to organize more training, orientations and learning exposures in future through PEACH Project, said by Amjad Gulzar Executive Director Caritas Pakistan.



Emergency Response Mechanism & Volunteer Management

Caritas Pakistan organized training on "Emergency Response Mechanism & Volunteer Management" held on December 10 -12, 2017 at Renewal Center, Lahore. It was attended by 32 participants which include Diocesan Executive Secretaries, Finance Managers, Program Coordinators and volunteers. The training was focused on identifying roles of volunteers in different stages of emergency response mechanism of Caritas Pakistan. During the training overview of all PEACH trainings was conducted for the participants. Main topics were Core Humanitarian Standards, CI Tool Kit, Volunteer Management and Cash Transfer Programing and hope this will help in emergency response interventions of Caritas Pakistan in future. It was informed by diocesan units that Caritas Pakistan has already developed Volunteers database and hope to develop complete volunteer management systems in 2018. The findings of PEACH project evaluation were also shared with diocesan units. It was acknowledged that PEACH project was able to build the capacity of all staff & volunteers and diocesan units must be getting benefits of it.



LIVELIHOOD & FOOD SECURITY PROGRAM

Laudato Si Reflection Workshop

The Pope Francis's encyclical Laudato Si' (Praised be) on "Care for our common home" is an appeal to "every person living on this planet" for an inclusive dialogue about how we are shaping the future of our planet. Pope Francis calls the Church and the world to acknowledge the urgency of our environmental challenges and to join him in embarking on a new path. In this connection Caritas Pakistan organized Laudato Si Reflection Workshop from December 13-14, 2017 to sensitize community volunteers, staff members, other NGOs and representatives from other churches. Over 50 participants including staff members from across the country, seminarians, priests, representatives from other churches and parishes participated in the workshop. Caritas, a humanitarian organization of Catholic Church has been addressing climate change since years through different projects and programs. Most Rev. Bishop Benny Mario Travas (Chairman Caritas Pakistan) opening the workshop, urged the participants to participate with keen interest and learn key messages of Pope's encyclical. We should use the language that is appealing to people and put messages into the context of the issues that people are facing regarding care of the environment. The Church must be part of global policies on environment. When these issues of climate change and other environmental matters affect society negatively, the Church gets affected. When the people fail to have a good harvest, the Church is affected," he further added. His Grace Archbishop Joseph Coutts said, this is the only encyclical which is focused on environment and is highly appreciated and

welcomed by scientists, NGOs, economists and different religions. This workshop is a good forum to say no to "throw away culture" and feel motivated for protecting our planet earth. Mr. Amjad Gulzar, Executive Director of Caritas Pakistan briefed participants about international scenario, sustainable development goals, Paris agreement, main objectives and resource persons of the workshop. Rev.Fr.Emmanuel Asi and Fr. Qaiser Feroze, the main facilitators of this workshop communicated messages from six chapters of Laudato si.



FAREWELL CEREMONY OF ARCHBISHOP JOSEPH COUTTS AS CHAIRMAN (1998-2017)



Cfarewell ceremony of Archbishop Joseph Coutts as former chairman of Caritas Pakistan was held in which Archbishops, Bishop, Priests, Caritas Pakistan board and general body members, staff members of Caritas Pakistan, community volunteers attended the ceremony. Different personalities spoke about the services and dynamic personality of Archbishop Joseph Coutts and said that during his tenure Caritas Pakistan achieved certain milestones. Caritas Pakistan is recognized now in Pakistan both in Government, private and community level with its good work and ranked in development sector with good notes. Archbishop Joseph Coutts also shared his views in the ceremony and gave some valuable and practical advice to move forward in future. At this occasion memorable shield was given Archbishop Joseph Coutts in the recognition of his services while serving as Chairman Caritas Pakistan by Archbishop Sebastian Francis Shaw (Deputy Chairman, Caritas Pakistan). On this occasion Archbishop also handed over the flag of Caritas Pakistan to new the chairman Bishop Benny Mario Travas whereas board members, executive secretaries and executive director express their reverence to Archbishop Joseph Coutts for his services, efforts while serving as chairman and he assured him that his vision will be carried forward in coming years by Caritas Pakistan.

PEACE & SOCIAL HARMONY

Children Peace Sports Gala 2017 - Narowal

Caritas Pakistan Lahore organized Children Peace Sports Gala 2017 at St. Paul's Girls High School Narowal on November 16, 2017. Students of St. John's High School, St. Margrate High school along with student of host school participated in this event. Rev. Fr. Emmanuel Mushtaq OFM Cap along with Rafiq Inayat Project Officer and school principals were the honorable guests of the event. St. Paul's Girls High School's students warmly welcomed to guests. Students participated in 100 meters race, badminton, three leg race and cricket match. Trophies were awarded to the winners of different games.



Youth Peace Sports Gala at Jhato Key Sialkot

Caritas Pakistan Lahore organized Youth Peace Sports Gala 2017 at village Jhato Key, Sehawal and Narowal participated in this event. The purpose for organizing Caritas Youth Peace Sport Gala is to create awareness among young men about peace building. Young man's participated in 100 meters race, best of three cricket matches. Trophies were awarded to the winners of games. Rafiq Inayat (Project Officer) and Javed Nino (Community worker) and members of youth peace clubs played their vital role for conducting this event successfully.



HEALTH AND WASH

Formation of WASH initiative committees

Caritas Pakistan Faisalabad organized a meeting for the formation of WASH initiative Committee on October 21, 2017 with influential leaders, students, teachers and community members in Jhang. There were total 50 participant including male 27 and female 23. After a detailed discussion a WIC formed with equal gender participation, the WIC consisted for twenty community member. During the formation rules and responsibilities were assigned to every member in order to carry on the assigned tasks related to the Project. It was shared that Caritas will sign a MOU with Wash Initiative Committee for the maintenance and proper utilization of resources by themselves. It was practiced that the group members take their own collective and positive initiatives regarding project which is definitely a major step towards the element of sustain ability.



Hygiene Awareness Session with Children

On October 21, 2017 Caritas Pakistan Faisalabad also organized a Hygiene Awareness Session with school children in Peer Kot, Jhang. There were total 52 participant boys 36 & girls 16 participated. Purpose of this session was to give awareness to the children about health practices and importance of hygiene in daily life. The session was conducted by Ms. Shakeela Noor (CBDRM Coordinator Caritas Pakistan Faisalabad). She shared personal hygiene required for cleaning of all parts of the body (face, hair, body, legs, etc.) and hair have to be cleaned because they accumulate grime, emit bad odors and make diseases such as ringworm, scabies, sweat fungi, etc., can also occur. Facilitator further focused on the importance of Hand Washing our daily life. There are 10 different steps to wash hands were practiced so that all the parts of the hand get cleaned. Afterward, it was shared that after washing hand in 20 second it must be dried in air. The hands and finger nails have to be cleaned because the germs in between the fingers and finger nails cause contagious diseases such as diarrhea, epidermophytosis and worms. At the end, all the participants were happy and thankful to Caritas team to know the importance of personal hygiene in their daily life. Caritas team thanked them to make this session fruitful.



Hygiene Awareness Session with Women

Caritas Pakistan Faisalabad organized a hygiene awareness session with women, on October 28, 2017. There were total 45 female participants from Jhang peer kot participated. Ms Shakeela Noor (CBDRM Coordinator) conducted this session. Women were imparted knowledge and skills related to home and everyday life hygiene. Further it was shared with them that, drinking impure water can cause cholera, diarrhea, typhoid and hepatitis. Usage of safe water and protected water is most important thing in our daily life. Therefore, pure drinking water free from germs and dirt should be used. Proper disposal of human waste is important. Leaving human waste in natural areas can result in contaminated water supplies and soils, and lead to diseases such as giardia. Human feces carry harmful micro-organism that easily contaminates water sources. Food hygiene is the condition and measure necessary to ensure the safety of food. These practices include restriction of fluids, breast milk and/or food intake during diarrhea episodes, and incorrect use of modern medicines. All women were thankful to the resource person and Caritas team for conducting such a beneficial session important for their personal hygiene and health.



Free Medical Camp at Village Sehjra, District Kasur

Caritas Pakistan Lahore organized a free medical camp at village Sehjra district Kasur on October 21, 2017. A Health and Hygiene awareness session was also conducted with participants for creating awareness on common issues for healthy lifestyle. A separate session with female patients was also conducted. Physician examined 190 patients and prescribed medicines according to the findings during examination. Some of the patients were referred to the nearby tertiary hospitals for further investigation and proper treatment of their respective diseases. Free quality medicines were distributed to the patients as prescribed by the medical doctor. Patients were also counseled how to take the medicine and other precautionary measures. Community Development Group supported a lot in organizing and making this medical camp successful.

