

## National Kitchen Gardening Day observed in Karachi

National Kitchen Gardening Day was observed with the community members of Saiful Murri Goth, Karachi with the collaboration of Agriculture Tourism Development Corporation of Pakistan dated February 04, 2018. 70 women and men from the target areas of Saiful Marri Goth and Holy Marry Goth participated in the event. As revealed by Mr. Mansha Noor, "the main aim of this event was to promote production of healthy vegetable for self-consumption and improve the health and nutrition of a family". He further highlighted the importance and benefits of growing different vegetables at home and distributed kitchen gardening kits including seed of nine different summer vegetables in order to motivate communities to produce fresh vegetables.



## Protecting Street Children by Providing Primary Services and Advocating for their Rights Project

Caritas Pakistan Islamabad/Rawalpindi is implementing this two year project with H-9 community. The goal of this project is "Bringing street children in mainstream of healthy environment, through protecting their life and innocent childhood by providing them formal and non-formal education, socio-psychological trauma counseling on drug addiction and targeting working children and their parents." Keeping in view the project goal, the main objective of the project is to provide formal education to 35-45 street children, adult literacy to 15-20 working children and trauma counseling of parents and children. During January to March 2018, following activities were conducted: -

- 42 children (Male 20, Female 22) were identified and enlisted for enrollment in schools.
- 7 working children were identified (3 male and 4 female) for enrollment in evening class of adult literacy.
- Beneficiaries were identified for trauma counseling sessions.



## Continuation of Non Formal Education Centers

Caritas Pakistan Multan is continuing Non Formal Education Centers for marginalized and working children in 5 districts of South Punjab. There are 15 Centers, in which more than 400 students are enrolled. 21 students appeared in grade 8th examination and passed with good numbers. Social Mobilizer of District Khanewal Mr. Kashif Raza Gill facilitated 19 young boys and enrolled them in TEVTA Training Centers under Prime Minister Skill Development Program in various trades. Further Caritas Pakistan Multan established four beauty parlors and training centers in project areas. A batch of 10 girls completed six months beautician course from this center and Mr. Samuel Clement, Executive Secretary distributed training completion certificates among successful participants.

## Installation of Handpumps

Caritas Pakistan Multan installed three communal hand pumps at Chak No 32 Dogna Wala, District Vehari. Mr. Shahid James together with WASH initiative Committee selected three places and committee was formed who was given responsibility of maintenance of hand pumps.

These hand pumps have been provided to those families who don't have access to clean drinking water but these are also open for all community.



## Smallholder Adaptive Farming & Biodiversity Network (SAFBN) Phase II: South Asia Regional Program

Caritas Austria and Caritas partner organizations in South Asia (Caritas Bangladesh, Caritas India, Caritas Nepal & Caritas Pakistan) are making efforts to support the smallholder farmers in the region. This is a continuation of the European Union co-financed first phase of the program, focusing on climate change and food security of smallholder farmers in South Asia. The program ideas are developed in line with the core focus of Caritas Austria food security strategy to eradicate hunger and build resilience of the smallholder farmers to climate change. This is a South Asia Regional Program, the duration of which is four years.



The Program has officially started from April 01, 2018. In Pakistan this Program will be implemented in twenty villages of Sargodha and Khushab districts.

**Overall Objective:** Promote local food and nutritional security through adaptive small scale farming in the context of climate change.

## ADAPTIVE FARMING IS:

- Understanding of local environment; Identification of problems of climate change; Identification of locally feasible and acceptable solutions; Testing of solutions to identify best results; Proactive action (precautionary) to overcome problems; Mutual sharing and learning

## Improve living conditions as well as resilience of vulnerable communities in Sindh Province(Tharparkar)

### Livestock Management Training & Livestock Vaccination

15 Livestock Management Training were conducted in the target villages of UC Beerano-Nagarparkar in which 199 male and 467 female participants attended training. The entire trainings were facilitated by Dr. Lachman Das (DVM) who imparted knowledge about vaccination & drenching practice; importance of vaccination; non contagious diseases of animals; daily fodder for goats. Mr. Kaval (ADD Social Welfare-Nagarparkar) visited field areas where he distributed goats, observed tree plantation progress and had interactive meeting with beneficiaries during Livestock Management training. Based on progressive work, Social Welfare Officer appreciated good work of Caritas. **To protect livestock from different seasonal diseases 60,221 livestock was vaccinated and treated.**

**Distribution of Goats:** 1460 pairs of goats were distributed among 1460 households in four UCs of Taluka Nagarparkar. The priority was given to women who usually take care of goats at household level. The prime purpose is to increase productive asset of community and increase milk availability at household level.

**Crop Management & Soil Conservation Training:** Nine training on Crop Management & Soil Conservation were organized conducted in 9 villages of UCs Harho and Beerano in which 288 Female, and 199 Male 199 participated. The Trainer, Mr. Pahlaj Rai led the sessions and talked about "major crops of Tharparkar", importance of crops, trees and plants for human beings, and crop management.

**Celebration of World Water Day:** Caritas Pakistan Hyderabad observed World Water Day on March 22, 2018 in two village of UC Haroh, Taluka Nagarparkar-District Tharparkar. The facilitator, project staff Mr. Kanwardas and Ms. Asia Manzoor primarily shared brief history of World Water Day; ecological scenario in the present era and indicated the high importance to save water.



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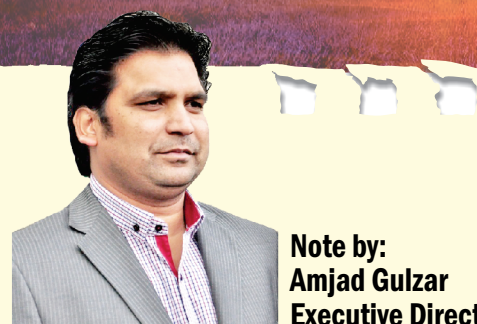
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The Newsletter of Caritas Pakistan

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## Annual Planning & Coordination Meeting



**Note by:**  
**Amjad Gulzar**  
**Executive Director**

It is my immense pleasure to present you the first newsletter of the year 2018. Some of the major highlights of this quarter include annual planning & coordination meeting, EA 33/2017 Pakistan flood response, lesson learnt workshop of peach project along with DRR & Peace coordination meetings.

The annual planning & coordination meeting was very imperative for Caritas Pakistan because we have finalized our targets and strategies for the year 2018. It also provided an opportunity for the senior management to review the progress of previous year and set new directions where we can reach to maximum people in need through our humanitarian and development interventions.

Caritas Pakistan has successfully completed EA 33/2017 flood response in five diocesan units of Karachi, Multan, Lahore, Rawalpindi and Faisalabad. During the response we have organized medical camps and distributed food and non food items along with hygiene kits among the victims of flood. The lesson learnt workshop of PEACH project (funded by EU) was also among one of the important events during this quarter. It enables the project team to analyze the results methodology of Project.

Here, I also want to congratulate caritas research and training centre for organizing such a productive training on social mobilization for Caritas Pakistan Rawalpindi diocese staff under their project on "Protecting street children by providing primary services and advocating for their rights". The main objective of this training was capacity building of project staff in the prevention and protection of street children using different tools of social mobilization.

My best wishes for Caritas Pakistan Multan and Rawalpindi dioceses for initiating new projects on street children and disaster risk reduction.

In the end, let us give thanks to Almighty God for a blessed lent season and the Easter was observed and celebrated peacefully in Pakistan.

The planning and coordination meeting of Caritas Pakistan held from January 30-31, 2018 at National Secretariat. The purpose of this meeting was to finalize the targets, strategies for organizational development and institutional strengthening. It also provided an overview about current projects and midterm review of strategic plan. His Excellency Bishop Benny Mario Travas, Chairman of Caritas Pakistan, started the meeting and encouraged the staff members to plan and act enthusiastically for the benefit of community. Key staff members from national office and diocesan units participated in the planning meeting. A midterm review of strategic planning was also presented to the participants on the completion of two years of strategic plan. This review helped Caritas Pakistan to look ahead with better planning to cover gaps, strengthen internal systems and reach to the beneficiaries more efficiently. During this meeting provident fund policy, social media policy and diocesan projects were also discussed. Mr. Amjad Gulzar Executive Director moderated the two days planning and coordination meeting at Caritas Pakistan National Secretariat Lahore. The meeting ended with the clear future planning about 2018; steps needed to be taken to mobilize resources; and understanding of different policies and procedures.

## TRAINING ON SOCIAL MOBILIZATION UNDER "PROTECTING STREET CHILDREN BY PROVIDING PRIMARY SERVICES AND ADVOCATING FOR THEIR RIGHTS PROJECT"

Caritas Research and Training Centre organized two days training on social mobilization for Caritas Pakistan Islamabad/Rawalpindi newly inducted staff under their project on "Protecting street children by providing primary services and advocating for their rights" from March 24-26, 2018. The main objective of this training was building capacity of project staff in the prevention and protection of street children using different tools of social mobilization. Twelve participants attended the training facilitated by Mr. Amir Irfan and Mr. Amir Robin. Mr. Kamran Sattar Diocesan Executive Secretary welcomed all participants and thanked CRTC for their time and efforts for the training and also thanked Mr. Amjad Gulzar Executive Director Caritas Pakistan for his presence. While Mr. Amjad Gulzar, highly appreciated young team of street children project and encouraged them to learn and actively participate in the discussions. The main contents of the training included definition of community and society, difference between community mobilization and social mobilization, facts and figures of working children in Pakistan, purpose and benefits of community mobilization, strategies for community mobilization, steps of community mobilization, role of a social mobilizer and conflict management.





The methodology of training was a combination of methods including interactive lectures, presentations, role plays, group discussions, handouts, brainstorming, case studies, and group work.

## EA 33/2017 PAKISTAN FLOOD RESPONSE

Sr.#	Diocesan Unit	Item/s distributed	Area	Date/s of distribution	Beneficiaries
01	Caritas Pakistan Karachi	Non food items, food items & hygiene kits	District West, St.Jude's Parish, St.Thomas Parish, St.Luke's & St.Paul Parish	15 Feb, 17 Feb, 20 Feb, 21 Feb, 23 Feb	390
02	Caritas Pakistan Multan	Health & hygiene kits	Rangpur, district Muzaffargarh	24 Feb, 2018	163
03	Caritas Pakistan Islamabad/Rawalpindi	Hygiene & shelter kits	Areas of Peshawer Cantt (Thakal, Yousafabad)  Areas of Peshawer city (Burmabad, Lahori, Phandoo, Chirghabad, Zargarabad)	22 Feb, 2018 24 Feb, 2018	400 families (2400 individuals)
04	Caritas Pakistan Faisalabad	Hygiene kits	District Jhang	23 Feb, 2018 24 Feb, 2018	160



### Volunteer Management Program at Diocesan level CPK

On March 3<sup>rd</sup> 2018 under PEACH Program Caritas Pakistan Karachi organized a one-day Volunteer's Capacity Building Training Workshop to lineup the volunteers by providing the Volunteer Management Training to clear the concept of the volunteers, their role & responsibilities and to utilize them more effectively and efficiently. The program being with thanks given Eucharist Celebration by Rev. Fr. Augustine Soares, Parish Priest of St. Jude's Parish of the Archdiocese of Karachi with volunteers and Caritas Staffs.



## DISASTER RISK REDUCTION

### Lessons Learnt Workshop of PEACH Project & DRR Coordination Meeting

Caritas Pakistan organized Lessons Learned Workshop of PEACH Project on March 9 2018 at National Secretariat. 21 participants including Executive Secretaries, Program Coordinators and Social Mobilizers attended the workshop. The main purpose of the workshop was to analyze the results and methodology of PEACH Project. All the participants appreciated the methodology adopted by National Secretariat by providing opportunity to diocesan staff to be the

trainer of PEACH trainings. Caritas Pakistan has initiated the volunteer management mechanism through the PEACH project. The status of volunteer management started in all diocesan units with registration of volunteers and development of database. It was also highlighted that more efforts and time is required to completely adopt the comprehensive volunteer management mechanism. It was also urged by the participants to sensitize all stakeholders on importance of roles of volunteers. The strategy on role of volunteers was drafted and decided that it will be practiced in diocesan units and all the learning will be incorporated in development of volunteer management policy of Caritas Pakistan. During the DRR coordination meeting, which was held on March 10, National Secretariat in consultation with diocesan units developed a coordination mechanism to share the information of activities, results, case studies, challenges, new trends and important events. It was unanimously decided that all diocesan units would share information with National Secretariat on quarterly basis. A reporting format was also developed in consultation with all the participants. The diocesan units will nominate one focal person of DRR. There will be two physical meetings annually and it will be linked with other main events. The participants were informed that Caritas Pakistan has a lead role in Disaster Risk Reduction (DRR) working group of Asia. Mr. Amjad Gulzar Executive Director shared that we need to work together and support each other to meet the targets of 2018. He further said that Caritas Pakistan is one organization and it is our shared responsibility to build the good image of Caritas Pakistan and National Secretariat is always there to provide support.



### DRR Project Launching Ceremonies in District Bahawalpur & Muzaffargarh

Caritas Pakistan Multan organized DRR Project Launching Ceremonies in Chak No. 141 Channan Pir Yazman, District Bahawalpur and Shehr Sultan Tehsil Jatoi, in district Muzaffargarh on 18<sup>th</sup> March and 21<sup>st</sup> March 2018 respectively. The purpose of organizing launching ceremonies was to share project intervention with district authorities, members of local government and other stakeholders. UC Chairman, district authorities, representatives of CSOs and community leaders attended these launching ceremonies.



### Volunteers Training at Union Council Level In District Bahawalpur & Muzaffargarh

Caritas Pakistan Multan through mobilization identified and selected volunteers from eight Union Councils of District Muzaffargarh and Bahawalpur. 547 volunteers participated in 8 trainings while 160 volunteers, registered themselves with CPM and showed their willingness to provide their time for project interventions. During training volunteers were delivered input on volunteerism, role of volunteers, hazard and vulnerability assessment and process of risk assessment.

### One Million Tree Plantation Campaign & World Forest Day 2018



earth for future generation. The students and management of the Institute expressed their commitment to protect plants, which were planted in the institute. The president Mr. Humayun Zafar thanked Caritas Pakistan, MasterPeace and IUCN for their support in delivering awareness on environment and donating plants for the institution.

Caritas Pakistan Faisalabad planted 2700 plants in different areas of Jhang district during Feb 23-24, 2018. The areas included Peer kot, Nikay Balocha, Haweli Shekha, Basti Meyana and Salyana Fr. Yaqoob Yousaf (Parish Priest), Mr.Aneel Mushtaq, community volunteers, community leaders, women and children actively participated in planting different plants.



Caritas Pakistan Lahore planted two hundred plants on March 03, 2018 in district Narowal under Peace Building and Social Harmony project. It is the part of a worldwide growing network of peace trees, which keeps spreading as more and more people are joining in to plant peace trees all over the world.

Caritas Pakistan Multan planted 8006 fodder plants and shady trees in the target villages of district Khanewal, Muzaffargarh and Bahawalpur.

## PEACE & SOCIAL HARMONY

### Coordination & Planning Meeting for Peace & Social Harmony Project

Caritas Pakistan organized Coordination and planning meeting for Peace Building & Social Harmony project at Caritas Pakistan National Secretariat, Lahore on Saturday, March 10, 2018. The Project Officers from Lahore, Multan and Faisalabad diocesan units participated in this meeting. The meeting created an understanding among the project team about project approach, concept, tools and principles of peace building, conflict resolution, skills and mechanism for reconciliation and challenges for upcoming year. It also aimed to enhance the coordination among project staff working in the field areas. The meeting was facilitated by Mr. Amer Anwer, National Coordinator – (Peace Building & WASH) whereas, Mr. Amjad Gulzar also shared his expert views about the implementation strategies of the project. The activities were discussed and each diocesan unit shared their presentations, district profiles and working areas. Project team also discussed challenges and opportunities to be faced during the upcoming years. At the end project team developed a tentative work plan for the year 2018.



### Peace Poster Competition

Caritas Pakistan Lahore organized a peace poster competition at Caritas Peace Centre, Narowal on March 15, 2018. Children Peace Clubs and Youth Peace Committees along with students, teachers and religious leaders painted peace posters. Through this peace poster competition Caritas Pakistan illustrated the need & importance of peace in the society with special reference to the role of students and other stakeholders in restoring peace in the country.

## LIVELIHOOD & FOOD SECURITY PROGRAM

### Registration of Farmers in Sargodha & Khushab districts

Caritas Pakistan under SAFBIN-II (Smallholder Adaptive Farming and Biodiversity Innovation Network) has initiated the process of registration of farmers with government agriculture department. Government agriculture extension workers facilitated this process at Union Council level.

To date 250 farmers from irrigated and rainfed areas of district Sargodha and Khushab have been registered. These farmers are likely to have better access to different government entitlements for increased crop production and food security.

