

Joyful Learning Training

Joyful Learning training was organized from April 16-21, 2018; This training educated the teachers regarding concept of child friendly school dimensions, planning, classroom management strategies, creating child centered environment in classroom, Child Rights and our responsibilities, developing model lessons and use of teaching kits. 12 teachers completed the training on April 25, 2018. His Grace Archbishop Dr. Joseph Arshad distributed educational material among 50 street children. The material consists of school bags and stationary items. 35 packages were arranged by CPIR whereas 15 were donated by Rev. Fr. Yousaf Amanat Parish Priest Khatoon-e-Fatima Parish Islamabad.

Learning Exchange Visit

To learn from other organizations working on similar initiatives; Caritas Pakistan organized an exposure visit to GODH Organization Lahore from June 20-22, 2018. During that exposure and learning exchange; three different field visits were conducted at China scheme, amir road Lahore, Babu sabu interchange (Kalar Park) and Abdullah Town, Lahore. During the field visits; Caritas Pakistan Islamabad/Rawalpindi Team and Mr. Nadeem Yousaf from Caritas Pakistan National Secretariat interacted with gypsy children who are being taught by GODH team.



PEACE & SOCIAL HARMONY

Peace Awareness sessions

In order to provide awareness to the children and teenagers about their roles in promotion of peace and social harmony; Caritas Pakistan Faisalabad & Multan organized awareness sessions in Faisalabad, Jhang and Khanewal. Facilitators highlighted the history of peace; definitions and its importance. Students were also educated about differentiating between peace building, peace making and peace keeping and how they can play their role for peace building in every aspect of life. These awareness sessions were conducted to promote, love, harmony and the peace in our society especially in school children. It also provided an opportunity for the students to know about the basic issues of the society and resolve issues such as gender imbalance, injustice, child labor, usages of drugs and children's rights. The sessions concluded on the point that "There is no development and prosperity in the society without peace" then students took the oath that they will play their role in promoting peace and become peace ambassadors. Peace awareness sessions were held at St. Paul High School Nasrath Colony, Faisalabad, St. Martin Middle School Christian Colony, Jhang and Chak No. 133/16.L, Amrit Nagar, District Khanewal where 161 children were facilitated in April to May 2018.



Formation of Youth Peace Committees

Caritas Pakistan Peace Building Team arranged meetings with different parish youth groups of catholic/non-catholic churches located at the bordering areas. These meetings were organized to initiate the activities at community level. It enhanced the scope and outreach of the project with more community participation. These meetings were conducted in all three diocesan units including Caritas Pakistan Lahore, Faisalabad and Multan. Caritas Pakistan believes that youth plays an important role in bringing the change in society therefore Caritas Pakistan developed seven community youth peace committees Khanewal, Faisalabad and Sialkot districts. These youth peace committees will further carry out the peace building activities in their community, parishes, friends and colleges. Each youth peace club consisted of twenty five members. Through this formation, Caritas Pakistan is also focusing on the promoting of volunteerism among youth. CP believes that our youth can make a peaceful & prosperous society with their actions and deeds.



Training of Youth

Caritas Pakistan Lahore provided training of youth peace committee members about peace building approach, concept, tools, principles, conflict resolution skills, mechanism for reconciliation and challenges of peace builder at St. Roque's Church, Pasrur on June 29, 2018; 55 members from three youth peace committees ensured their participation. The participants were briefly described about the roles and responsibilities of youth to play their roles as peace ambassador and conflict resolution techniques. Different strategies were discussed about youth development and empowerment to become a successful person of the community. The youth peace club members also replicate these trainings to their community.



Exposure Visit

The peace building team of Caritas Pakistan Lahore organized an exposure visit to "Gurdwara Kartarpur Sahib", Narowal for the members of Peace Clubs on April 22, 2018. The purpose of exposure visit was to create awareness among children about Peace and Harmony. The biggest example of peace and harmony in Punjab is this Gurudwara because both Muslims and Sikhs offer their prayers at same place and time.



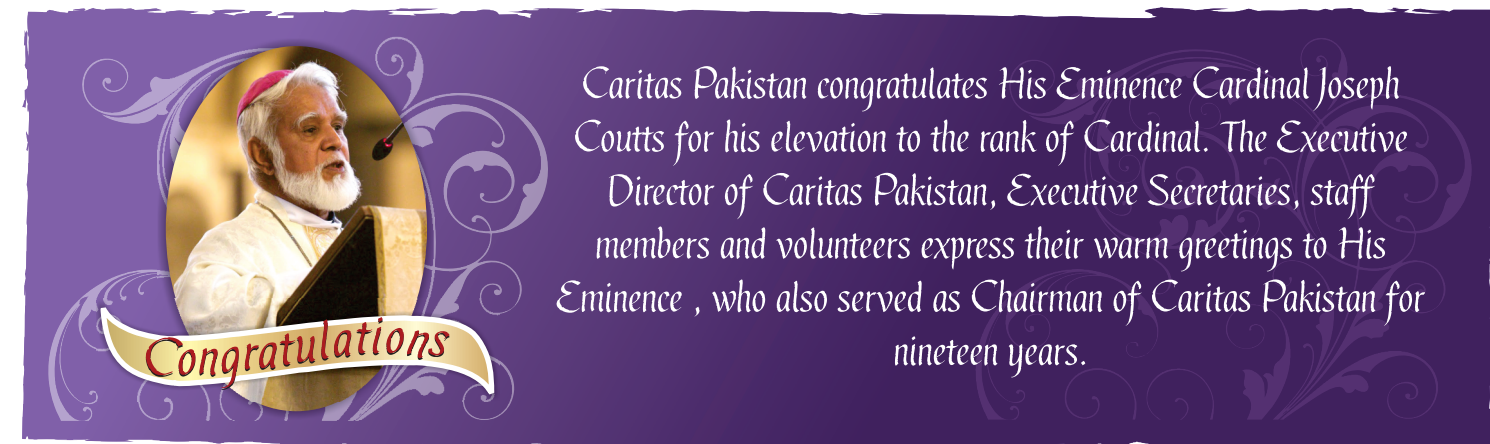
6th Annual Children Peace Festival

Every year Caritas Pakistan organizes this festival in order to create an understanding among school children that all the people should be equally respected, fully protected and universally realized. The festivals brings all the participants from different religions, class, gender together and work for the similar cause which is peace building.

The "6th Annual Children Peace Festival" held at Renewal Centre, Youhanabad from May 04-06, 2018. There were 150 participants (students, teachers and peace activists) from 15 schools of different districts included Sialkot, Narowal, Gujranwala, Faisalabad, Toba Tek Singh, Khanewal and Multan gathered to celebrate this peace festival. The teachers accompanied peace club members made speeches, peace posters, play cards, and also participated in re-creational activities for the promotion of peace and harmony in Pakistan. In the inauguration ceremony a peace candle was lightened and pigeons were flown by the honorable guests.

It also provided a platform for students and teachers from different districts of Pakistan to come together and exchange their views, share experiences on the issues like environment, peace education, peace building, peace keeping, peace making and enhance their communication and coordination for upcoming endeavours for the peace promotion in Pakistan. Fr. Francis Gulzar – Vicar General Archdiocese of Lahore facilitated a session on peace and highlighted how children can play their role to spread peace and harmony in families and communities. He stressed to respect each other and spread message of love for better community formation. A Peace Sports Gala was also organized during the festival in which students and teachers participated and expressed their sportsman spirit and joy with the message of spreading peace and harmony in the country. The festival enabled the participants to share best practices at their community level. It was highly successful in engaging participants in a participatory process of peace building & social harmony. Children also expressed that they have enjoyed a lot during these three days and learned so many things about peace building through fun activities. They also promised to implement the learning in their schools, communities and among their families.

The Honorable guest His Grace, Archbishop Sebastian Francis Shaw (Archdiocese of Archdiocese of Lahore) led the Holy Mass on May 6, 2018 and asked the children to follow the teaching of our Christ to love others. His Lordship, Bishop Benny Mario Travas (Chairman Caritas Pakistan) congratulate Caritas Pakistan for organizing this event and providing the opportunity to children for gaining confidence and expressing their talents, which will ultimately contribute towards community development. He encouraged the children to replicate all the messages of peace afterwards with their families and schools. Mr. Amjad Gulzar (National Executive Director – Caritas Pakistan) thanked all the participants and organizers for putting their efforts to make this event successful. He motivated all the children to keep up their good gesture of spreading the good news of peace and harmony at all the levels.



Caritas Pakistan congratulates His Eminence Cardinal Joseph Coutts for his elevation to the rank of Cardinal. The Executive Director of Caritas Pakistan, Executive Secretaries, staff members and volunteers express their warm greetings to His Eminence, who also served as Chairman of Caritas Pakistan for nineteen years.



Since 1965

Together We Proceed...



Note by:
Amjad Gulzar
Executive Director

Dear Friends, Partners, Staff and Volunteers, I am happy to present you the newsletter of second quarter of 2018. This edition covers the highlights of the quarter including NCDC course, SAFBIN Orientation meeting, Monsoon Contingency Planning, Global Week of Action under "Share the Journey" Campaign, 6th Annual Children Peace Festival and regular project interventions under different thematic areas. Furthermore, it was a very proud moment for us when His Eminence Cardinal Joseph Coutts was announced to be elevated by Pope Francis in June. Cardinal Joseph Coutts have guided Caritas Pakistan for 19 years in the capacity of Chairman.

All these initiatives contributed in awareness raising and capacity building of staff, volunteers, youth and other civil society organizations. Caritas has come up with its monsoon preparedness and contingency plan, through this Caritas is fully equipped to respond to any disaster efficiently.

The start of South Asia Regional Program, SAFBIN in Pakistan is a great achievement. Caritas Pakistan showed a great deal of commitment, professionalism and proactive approach from proposal development to SAFBIN commencement. The team of the project has been fully orientated and trained to kick off the project.

The fourth batch of National Community Development Course (NCDC) successfully completed in June in which Priests, Nuns, Students, Salvation Army representatives, and social mobilizers actively participated and graduated successfully.

Caritas Pakistan team is putting its all efforts and energy to mobilize as much resources as possible using different strategies. I believe our efforts will bear fruit and will be able to implement new ideas and useful projects for the development of our communities.

Caritas calling

Chief Editor
Amjad Gulzar

Editorial Committee
Sub Editor: Amir Irfan
Sub Editor: Nadeem Yousaf
Member: Amer Anwer
Member: Amir Robin

Designed & Layout by:
Majid Siddiq

Circulation by:
Sehar Arshad

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National Community Development Course



NCDC 4th batch (National Community Development Course); one month course (June 1-29, 2018), with an objective to provide participants with necessary knowledge, attitude and skills in community development as a strategy for Social Transformation in the participants so that they become capable to serve their community. The facilitators were highly skilled and professionally qualified with vast knowledge of social development sector. In this course a diverse group of 21 participants took part. Some of them were clergy, priests, nuns, field workers and students. People belonging to different fields showed togetherness to work for the betterment of the community.

"I appreciate the efforts of Mr. Amjad Gulzar and his team for building the natural ability of the people to work for the development of the community", said by Archbishop Sebastian Francis Shaw. To comprise the participants in the training NCDC considered eight modules to facilitate; that consisted of Social mobilization and rural development, communication and report writing, project designing and budgeting, climate change and community based disaster risk management, leadership and conflict management, monitoring, evaluation, accountability and learning (MEAL) and situation, issues in Tharparkar and exposure visit. To reflect the outcomes of the course an exposure visit to Hanjeli Mehtabpur, Narowal was arranged by Caritas Pakistan in order to use the skills for community development. The graduation ceremony of National Community Development Course was attended by His Excellency Bishop Benny Mario Travas (Chairman-Caritas Pakistan), His Grace Archbishop Sebastian Francis Shaw (Deputy Chairman) and Mr. Amjad Gulzar (Executive Director).

"Development of the community starts with love and kindness. People have to change themselves first in order to change the perspective of the world." said - Bishop Benny Mario Travas during the graduation ceremony.

"We will continue investing in such type of courses and workshops for developing new leadership and keeping the sustainability in our community development initiatives", said by Mr. Amjad Gulzar. The participants were awarded with the certificates on the accomplishment of their National Community Development Course.

DISASTER RISK REDUCTION

Caritas Pakistan Multan executed following programs in targeted villages of district Bahawalpur and Muzaffargarh that includes: Multi Hazards Vulnerability Capacity Assessment which took place in order to get the information about the flood and drought situations in the past. The activity was organized in 30 villages of each District, and out of these 30 villages CPM DRR team selected 20 most vulnerable villages for the future DRR Interventions. On 24 & 26 May, 2018 training of trainers on DRR and climate change adaptation was held to give awareness to the community members regarding Caritas ongoing DRR Project and climate change effects on Pakistan. 152 participant were benefitted with the training. Further more, community risk assessment, orientation of DRR and climate change adaptation was conducted to facilitate 266 participants that includes male and female on May 28-31, 2018. The main purpose was to create mutual understanding of the experiences of community members who are living in these areas since many years and to make them aware of climate change issues in Pakistan. Community awareness training of one day was organized in Chak 6/4-L, UC Chak Farazi on 4 June, 2018 with the purpose to form DMC and make them aware with the roles and responsibilities of each member. Caritas Pakistan Multan observed World Environment Day with the community members of village Tiba Manad, UC Rangpur, Tehsil and District Muzaffargarh on 05 June, 2018. The objective was to give them awareness about the environmental activities going on at international level to save planet earth and what the community members can do at this occasion . Madam Yasmeen (Executive Director, SRD), Mr. Samuel Clement (Executive Secretary, CPM) were also present in this activity. A total of 54 members (35 male 19 female) participated in this activity.



WATER, SANITATION & HYGIENE (WASH)

Construction of Latrine

Caritas Pakistan Lahore constructed five latrines during April – June, 2018 in different girls schools located in Tehsil Pasrur, District Sialkot. It enabled girls to have better sanitation and hygiene for a good learning environment. “New latrines and water for hand washing will also vastly improve sanitation, hygiene and student health.” Ms. Rida Shoukat (Teacher from Government Girls Primary School, Hanjli Mehtabpur, Pasrur).

Sr.#	Dioceses	Activity	Activity	Name of the School	Installation of Water Motors	No. of Latrines Constructed	Total Beneficiaries
1	CPL	Construction of Latrines	Installation of Water Motors	Govt. Girls School, Pininkey	1	1	97
2				Govt. Girls School, Esspur	1	1	118
3				Govt. Girls School, Jhatokey	1	1	129
4				Govt. Girls School, Dulam Kalwana	1	1	238
5				Govt. Girls School, Joya	1	1	123
Total				05	05	05	704



Puppet Show

CPL conducted puppet shows from 9-16 May 2018 at Pininkey, Esspur, Jhatokey and Dulam Kalwana. The aim of these puppet shows was to make children aware of the importance of washing hands and getting rid of germs. Washing your hands is the best way to stop germs from spreading. Think about all of the things that you touched today – from the copybooks to the toilet. Maybe you blew your nose in a tissue and then went outside to play with your friends. Whatever you did today, you came into contact with germs. So get rid of germs and wash your hands!

Interactive Theatre

CPL conducted Interactive theatres in targeted communities at Jhatokey on June 28, 2018; for creating awareness about the importance of Water, Sanitation and Hygiene. We trained local volunteers for acting in these theatre performances and they have effectively conveyed the message to the communities.

Installation of Water Motor Pumps

Unsafe drinking water can lead to several diseases such as diarrhea, typhoid, intestinal worms and hepatitis and a number of deaths occur within the province Punjab as a result of water-borne diseases. Caritas Pakistan Lahore installed water motor pumps along with water tank and water taps in the selected five girls' schools for the provision of safe drinking water in Tehsil Pasrur, District Sialkot. The depth of these water motors is above 200 feet, where the water is safe to drink. During March – April, 2018; Caritas Pakistan Lahore collected 15 Water Samples from these schools where water is being consumed for drinking by the students and teachers. 5 samples were found contaminated with Arsenic and Bacteria elements and hazardous for human health. Due to the worst condition of water, the Caritas Pakistan Lahore under their Water, Sanitation and Hygiene Project installed water motor pumps to provide healthy, safe and clean drinking water to the school children and teachers. After installation Caritas Pakistan Lahore once again testified the water and ensured the purity of safe drinking water for targeted communities.



Monsoon Preparedness and Contingency Planning

On May 29-31, 2018 Caritas Pakistan organized three days workshop on “Monsoon Preparedness and contingency planning” with 36 participants from all seven dioceses of Caritas Pakistan. The primary purpose of this workshop was to develop preparedness plan for communities, activate ERT and strategies to implement contingency planning. It also provided awareness about CI Toolkit (Guidance for Emergency Response) by engaging participants in different group activities. Mr. Muhammad Riaz (Chief Meteorologist) of PMD shared the concepts of flood formation. Participants also visited the PMD (Pakistan Meteorological Department) to witness the working of the department. Caritas Pakistan Karachi shared their experiences in response to Heat Wave emergency situation in the city of Karachi held earlier this year as an example of preparedness and planning. During the workshop it was also discussed about the designing and development of IEC (Information Education and Communication) material regarding Heat wave which will be used for creating awareness among communities in Caritas Pakistan's future endeavors.



Tree Plantation Under One Million Tree Plantation Campaign

Caritas Pakistan Karachi invested their commitments and efforts from April 21 - June 13, 2018 in tree plantation to fight against climate change and conserve planet Earth.

Caritas Pakistan Karachi in collaboration with Master Peace, Interfaith Commission for Peace & Harmony, Christ the King Seminary, Capuchin's, Franciscan's and Dominican's planted 825 trees at University of Arts, Sciences and Technology, NED University St. James's Nursing School and Christ the King Seminary with the theme to culminate plastic pollution on World Environment Day and Earth Day. “We are polluting our environment with plastic everywhere which has a harmful effect on our lives too but we are gathered here to save our mother Earth by planting trees because they give life to our atmosphere” said by Rev.Fr. Saleh Diego They arranged processions and awareness sessions among Sisters, Brothers and Fathers, Principals, teachers and students to make them consciousness about climate change and its impact on the environment especially with regards to the Heat wave in Karachi; and the effort was to take action for clean and green environment in accordance with “LAUDATO SI” to save mother earth and with the initiative to end plastic pollution and to plant more trees. “We are gathered here with the theme 'End Plastic Pollution'. As Pope Francis said that earth is our common home, so we all are responsible to preserve, protect and end pollution by planting trees to reduce the consequences of climate change” said Mr. Mansha Noor Executive Secretary of CPK. Approximately, three hundred thousand trees have been planted by Caritas Pakistan.



LIVELIHOOD & FOOD SECURITY PROGRAM

Caritas Pakistan Hyderabad implemented the following programs in Nagarparker:

Livestock Management Training

20 Livestock Management Training (LMT) were held in the project focused villages Harho & Sati Dera Nagarparkar, A total of 394 male and 549 female attended the training. The objective of the training was to improve the knowledge of the farmer regarding animal health, vaccination & drenching, non contagious diseases of animals, Daily fodder and its recommendation for goat. Through these trainings 40 trainers were trained as vaccinators.



Water Management Training

25 trainings organized in various villages of Union Council Harho, Dabho Saman & Siti Dera-Taluka Nagarparkar on water management were conducted in which 496 males & 732 females were benefitted. The purpose was to train and give awareness about water and its situation in Thar (Arid Zone), types of contaminated water and its impact on human, rain water management and maintenance of rain water reservoirs. The results of the trainings reflects that community members used sunlight and clean cloth for water filtering and worked for water management in drought prone area.

Capacity Building Training of Village Development Committees (VDCs)

Capacity Building Training of VDCs was organized on April 19, 2018. The Training held under Pakistan Agriculture Research Council (PARC) Government of Pakistan led by Arid Zone Research Institute (AZRI). 30 males & 22 females from different VDCs attended capacity building training. Capacity building training gave knowledge to the people about drought, desertification and their causes, how to combat desertification, possibilities to ensure food security at household level and promotion of range land in Tharparkar.

Livestock Vaccination

To protect livestock from different seasonal diseases a vaccination camp was organized in which 60,221 livestock were vaccinated with seasonal vaccination and drench (de-worming) in three Union Councils.



Construction of Rain Water Harvesting Tanks (RWHT)

500 Rain Water Harvesting Tanks (RWHT) have been constructed in various villages of four union councils of Taluka Nagarparkar. Each Water tank contains the capacity of 3500 liter water storage. The prime purpose is to increase access to store safe drinking water at household level for longer period.

Renovation of Natural Pond:

10 Natural ponds were renovated in the targeted areas . These ponds are used to store rain water for the period of 4 to 6 month. During monsoon season most of the natural pond were filled with rain water, as result the targeted villages and nearby community took benefit from it. People used water for domestic purposes and it also benefitted a number of livestock.

Well Repair

20 existing well were repaired in different villages of four Union Councils to provide the residents with safe provision of water.

GLOBAL WEEK OF ACTION 17-24 June 2018



On June 20, 2018 Caritas Pakistan National Secretariat observed World Refugee Day with people belonging to diverse fields with an objective to sensitize them with the conditions and problems of refugees and migrants suffering today. Mr. Amjad Gulzar (Executive Director of Caritas Pakistan) motivated people to respect, love and protect the people who are refugees, who fled to take shelter in different countries and are facing adversities with respect to wars, persecutions etc. “We should have concerns regarding asylum seekers who are not getting their rights and are living in poor

conditions. We should stop Pakistani asylum seeker for migrating to different countries and raise awareness about the consequences among them,” he added. Simultaneously, Caritas Pakistan Karachi organized a prayer service to show solidarity with migrants and Pakistani Christian Asylum seekers in Sri Lanka, Thailand and other parts of the world. “We pray for the migrants and asylum seeker who forcibly leave their homes and awfully suffer with poor conditions; that may God protect them and provide them with the right to live freely”.

SAFBIN Orientation Meeting

Caritas Pakistan National Secretariat arranged SAFBIN orientation and village selection meeting on May 31, 2018. The main agenda of this orientation meeting was to sensitize the staff members about SAFBIN (Smallholder Adaptive Farming and Biodiversity Network). It was discussed that the basic goal of this project is to end hunger, achieve food security and improve nutrition and promote sustainable agriculture in South Asia. The development process of the project and the concept of adaptive farming was discussed with the participants. The SAFBIN staff was also briefed about the main objective, definition of adaptive farming and targeted beneficiaries. The list of villages was also finalized with the consultation of SAFBIN field staff. The orientation meeting also highlighted the mechanism of financial reporting and the future assignments of district project officer and village resource person.



Protecting Street Children by Providing Primary services and advocating for their Rights Project

Launching Ceremony

Caritas Pakistan Islamabad-Rawalpindi organized a launching ceremony of the project on “Protecting Street Children by Providing Primary services and advocating for their Rights” at Rimsha Colony H-9, Islamabad on April 25, 2018. The objectives of the launching ceremony was to launch the project formally in the target area, to distribute educational material among street children and hand over equipments to St. Mary's Primary Education Center. More than one hundred community members along with school children participated in the program. Launching ceremony was attended by His Grace Most Rev. Archbishop Dr. Joseph Arshad as Chief Guest whereas representative from CRS (Catholic Relief Services), St. Mary's Primary Education, Executive Secretary CPIR and Rev. Fr. Yousaf Amanat were also present there.

