Exposure Visit to NFE Centers in Multan

On June 16, 2021, team from Caritas Pakistan National Secretariat and Caritas Pakistan Lahore in the leadership of Ms. Sana. National Program Coordinator for Non Formal Education paid Education Learning Exposure Visit to CPM Non Formal Education Centres. Mr. Samuel Clement Executive Secretary Caritas Pakistan Multan welcomed team of CPNS and CPL. Mr. Ambrose Gill M&E officer shared brief history of Caritas Pakistan Multan. After that Mrs. Catherine Nixon overview of Non Formal Education Project briefly explained the process from Social Mobilization to passing out of NFE Student. She and Mrs. Grace Sania explained all steps and shared their experiences. Mr. Kashif Raza Gill DPO Khanewal and Mr. Prince Alvin DPO Multan explained role of CMT, networking with schools and district departments and community participation in the project activities. After that Team visited 2 Non Formal Education Centres in Multan. They met with Teachers, Members of CMT and Students. Teachers explained the whole process of record keeping.



Orientation Session with Teachers in Karachi

On June 15, 2021, Caritas Pakistan Karachi held an orientation session with the teachers of Caritas Community School. The purpose of this session was to fully educate Caritas teachers about Caritas Education Project "Initiatives for Education Promotion: and to prepare them to implement the project with better understanding. Miss. Kanwal Munir from Meer Khan Goth and Mrs. Rebeca Imran from Yousaf Goth participated in the orientation session. Mr. Amir Robin (Regional officer) along with Mr. John Rehmat Program coordinator felid worker Javeed Igbal and Bushra James (Associate) shared the online survey form and explained the filling of the characteristic in the form. He also shared the project guide line. Mr. Mansha Noor Executive Secretary CPK shared the previous experience with the teachers and made cleared them about the process and implementation



LIVELIHOOD & FOOD SECURITY PROGRAM

Awareness Sessions for Livestock Management with Vaccination Camps in Karachi

Caritas Pakistan Karachi under their Smallholder Adaptive Farming Project organized the awareness sessions on best practices for Livestock management with



vaccination camps at Ahsan Raza Goth, Gadap Town and Yaqoob Farm Gharo on 22nd and 23rd of April, 2021 with smallholder farmers. The objective of the awareness sessions and vaccination camps was to create awareness among the Small Farmers of Gadap Town and Gharo about the goat rearing for milk and meat production for better nutrition among children and women beneficiaries and vaccinated and treatment of the livestock to prevent them from different diseases. Mr. Amir Robin Coordinator the main facilitator of the session explained benefits of goats as a livelihood supplement for small farmers and women in rural areas. "It produce meat, milk, which improve your nutrition and addition to provide hide, fiber and manure, Caritas under smallholder adaptive farming project help you and provided veterinary care at your door step to protect your livestock's from different diseases," he said. Dr. Barket Ali shared the vaccination schedule for Livestock's in Pakistan with participants and said that vaccination is very important part of Livestock's health. 1172 Animals most them were Goats, Sheep, Buffalo and Cows were vaccinated of (ATV) and (HSV). The 375 goats, sheep's, buffalo and cows were treated suffering in different diseases in the Ahsan Raza Goth Gadap Town and Yaqoob Farm at Gharo. Mr. Mansha Noor, Executive Secretary of Caritas Pakistan Karachi said the program aimed at transfering knowledge and skills from experts to livestock farmers and the sharing of information and experiences amongst stakeholders in order to increase livestock production and productivity and nutrition among families of the smallholder farmers.

Caritas Empowers Female Farmers in Remote Pakistani Villages

Caritas Pakistan Karachi under its Smallholder Adaptive Project launched its "Acre for Women" campaign to empower smallholder female farmers in the remote villages of Gharo and Gadap on the city's outskirts. The female farmers are owners of one-acre plots where they grow vegetables for their self-sufficiency to fight against malnutrition and hunger. Caritas Karachi formed women's farming groups in Gharo and Gadap and distributed kitchen gardening kits including summer vegetable seeds, organic manure and tools as well as offering training on climate change adaptation. "Our main objective is train women farmers to build



their capacity in view of climate change and grow different vegetables for their own consumption and to fight against malnutrition and hunger," regional coordinator Amir Robin said. Mansha Noor, executive secretary of Caritas Pakistan Karachi, said the project was aimed at promoting healthy and organic produce for self-sufficiency and to improve nutrition among women and children. He further highlighted the importance and benefits of growing different vegetables as a group. Noor offered useful tips to participants on how to use less water efficiently to grow vegetables, which brings positive changes to their economic conditions and improves their livelihood. Local Muslim leader Raza Burfat thanked Caritas Pakistan Karachi for promoting the idea of kitchen gardening among female farmers and providing kitchen gardening kits.

ONE MILLION MORE TREE PLANTATION CAMPAIGN

Archbishop Joins Tree Plantation in Multan

His Grace Archbishop Sebastian Francis Shaw, Archbishop of Archdiocese of Lahore and Apostolic Administrator Catholic Diocese of Multan planted two fruit trees in the Garden of Mother Mary Gratto at Most Holy Redeemer Cathedral Bishops House Multan on May 7 2021. Mr. Samuel Clement, Executive Secretary CPM welcomed all and explained Caritas Pakistan Campaign of One Million More. He also welcomed the Archbishop Sebastia Francis Shaw and Rev. Fr. Yousaf Sohan, Vicar General.

Quetta Bishop Joins Caritas Tree Plantation Campaign His Excellency Bishop Khalid Rehmat Bishop of the Apostolic Vicariate of Quetta visited St. Eugene Parish Sibi on 25 April 2021 after Sunday Holy Mass and planted a tree remembering St. Francis and his love with nature. He also shared the efforts of Pope Francis for the safety of nature and common home he has offered pray for the safety,

security and beauty of the common home. He met with Mr. Sharafat Sharif Executive Secretary CPQ and field staff of Caritas Pakistan Quetta Mr. Altaf Hussain Field officer explained about CPQ activities in district Sibi, Nasirabad and Jaffarabad. He further told about health and hygiene sessions and formation of WASH committees. His Excellency appreciated the work of Caritas Pakistan.

Tree Plantation at Bishop's House Multan

On June 9, 2021 His Grace Archbishop Sebastian Francis Shaw, Administrator Catholic Diocese of Multan along with Mr. Amjad Gulzar, Executive Director Caritas Pakistan planted Fruit tree in Bishop's Garden at Bishop's House Multan. Speaking at the occasion His Grace Archbishop appreciated the efforts of Caritas Pakistan for actualizing One Million More Tree Plantation. His Grace said that we must accelerate the speed of our effort for Clean and Green Pakistan, Mr. Amiad Gulzar Executive Director Shared that Caritas with its staff, volunteers and community groups is committed to achieve the one million more target within strategic plan years.

SOCIAL HARMONY

Caritas Pakistan Enters into The Ramadan Spirit

Caritas Pakistan's Karachi chapter has joined hands with several organizations to share Iftar boxes with the public and law enforcers. The charitable arm of the Catholic Church handed out the evening meal with which Muslims end their daily Ramadan fast at sunset. "The objective of the sharing of an Iftar was to share love and brotherhood among our Muslim brothers and sisters and to pay the highest regards to all our courageous officers who are our frontline heroes and playing their part in this time of need to fight the Covid-19 pandemic," a Caritas statement said. Caritas, Antim Yatra Seva Samaj, Ahsas Insaniat Welfare Community Services, MasterPeace Karachi and the Salvation Army handed out 150 packets of biryani, drinking water and Iftar boxes to the public and police

officers performing their duties on roads. "We appreciate the idea of Antim Yatra Seva Samaj to help the public and security personnel who are unable to join their families in time for Iftar due to their duty to protect peoples from coronavirus," said Mansha Noor, executive secretary of Caritas Karachi. "Ramadan is a propitious time for Hindus and Christians to strengthen our relationship with Muslim brothers by greeting and sharing meals." Caritas staff also distributed information, education and communication material about Covid-19 among the public and police officers for their personal protection.

Eid Gifts for Families of Disabled Persons

Caritas Pakistan Karachi with support of Robin Hood Army Pakistan distributed Eid Gifts of happiness (Food Packages) among the disabled person's families on the occasion of Eid Festival on 06th of May, 2021 at St. Catharine Boys Hostel, Khuda Ki Basti, Karachi. The objective of the distribution of food packagea was to help the disabled poor deserving families to celebrate the joy and happiness of Eid together as one Human Family on Earth. Disabled families of Layri Re-settlement project received Eid gifts from distinguish Guest Mr. Faisal from Robin Hood Army, Mr. Mansha Noor Executive Secretary CPK and Mr. Amir Robin from Caritas, Mr. Mansha Noor appreciated and thanked the Robin Hood Army Pakistan, Specially Mr. Sameer Beg, Head-Robin Hood Army Pakistan and Mr. Faisal for their kind concern and generous assistance in this regards that can create a great source

for the theses less privilege disabled persons families to celebrate the joys and Happiness of Eid with their family. At the end of the distribution program Mr. Mansha Noor, Executive Secretary of Caritas Pakistan Karachi presented Caritas Cap as token of Love from Caritas to Mr. Faisal Robin Hood Army Pakistan.







continue to be our support. We are workers in the field of God and must continue a more sustainable world for next generations. "Individually we are a

The Newsletter of Caritas Pakistan Issue No.171

April-June 2021





Amjad Gulzar **Executive Director**

Dear Readers,

We all wanted this COVID-19 to end and get back to our normal life but the harsh reality is totally different that it is not even close to being over. We need to learn to live with this virus and play our part as a community to overcome its challenges. A newnormal life style needs to be adopted so the virus spread be slowed down and stopped. Caritas Pakistan is working continuously and initiating the COVID-19 awareness campaigns and distributing the personal protective equipment under the project of "WASH Initiatives in Remote Areas of Pakistan".

However, the highlight of the second quarter was the visit of Health Facility built by Caritas in Abbottabad. Healing service in remote areas is a big challenge and this facility is observed to be the better equipped in the area with good medicine store. Other initiatives included awareness sessions for livestock management with vaccination camps, empowerment of female farmers, bringing safe drinking water in rural areas, social harmony campaigns and distribution of food and nutrition baskets to the families affected in emergencies.

We thank our bishops who joined Caritas team by Pakistan, Mr. Kamran Sattar Executive Secretary planting trees in parish programs and supported CPIR, Mr. Naeem Naz Diocesan Program "One million more tree plantation campaign". The Coordinator CPL as well Caritas Pakistan staff change can be brought if we work together with love from National office, Caritas Pakistan Faisalabad and care for the nature and mother earth. We and Caritas Pakistan Lahore visited a basic encourage all to play their role by planting a tree in health unit in Abbottabad on April 12, 2021. This response to the environmental encyclical of pope health facility was destroyed in 2005 Kashmir Francis "Laudato Si". We appreciate the efforts of earthquake. Caritas Islamabad Rawalpindi drop but together, we are an ocean."

 $^{\prime}$ In the second quarter of 2021, the number of confirmed cases of COVID 19 reached 958,408 with 22,321 deaths and 904,320 recoveries as of June 30. In June, Pakistan Government took precautions against the new SARS CoV2 variants and established ngent measures for detection of cases and tracing of contact.

EMERGENCY

Distribution of Hygiene and COVID 19 Safety Kit in Multan

Caritas Pakistan Multan under WASH initiatives in remote areas of PAKISTAN organized distribution of Hygiene and COVID 19 Safety Kit at Chack Number 585/TDA Derrickabad District Muzaffargarh on June 9, 2021, Mr. Amiad Gulzar National Executive Director was the chief quest, Rev. Fr. Atta OMI Parish Priest and Sr. Philomena were also present. Ambrose Gill M&E Officer welcomed all participants especially Mr. Amjad Gulzar, Mr. Samuel Clement Executive Secretary CPM thanked CPNS and Mr. Amjad for granting this project to CPM. Mr. Samuel Clement also presented overview of the project activities in village 585 TDA. Speaking at the occasion Mr. Amjad Gulzar said that we must play our important role individually in achieving collective development of the society. We must not depend upon external support that someone else should come and work for us. He invited the community and volunteers to share the awareness with



Exposure Visit to Earthquake Affected Abbottabad

Mr. Amjad Gulzar Executive Director Caritas



volunteers and staff who always stand by us and rebuilt it in October 2008. According to Doctor Asif the facility is more equipped than other government centers. BHU Dalola has better medicine store and furnished quarters for the staff. More than 800 patients visit this center every month. Mr. Amjad Gulzar handed over COVID-19 personal protective equipment to the staff of BHU Dalola. He appreciated them for their dedicated service. "Dalola was ignored and we planned a long term response. It is the government responsibility to equip this mini hospital properly. Healing service in such remote areas is a great challenge," he said.

5 Caritas Calling

6 Caritas Calling

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Facemasks, Sanitizers for Sewing Center Students in Quetta

Mr. Amjad Gulzar Executive Director Caritas Pakistan and Mr. Sharafat Masih Executive Secretary Caritas Pakistan Quetta visited Abn-eMaryam Sillai Sewing Center on 29 April 2021 at Shakh Manda Airport Road Quetta. During meeting Miss Shamim (Center teacher) shared progress of the center and interest of pashtoon girls students and their parents. She described facing many





Food & Nutrition Baskets for Poor Deserving Disabled, Sick and Widows

Caritas Pakistan Karachi, a humanitarian organization of the Catholic Church in Pakistan with support of the Caritas Italiana distributed Food and Nutrition baskets among 80 most vulnerable Disabled, sick and widows Christian families of Kuasur Naizi Colony and Gujjar Nalla areas of St. Jude's and St. Philip's Parishes of the Archdiocese of Karachi on 27th of April, 2021 under our Micro project at St. Jude's Parish Karachi. These Christian families were rendered homeless by the government action of anti-encroachment operation to demolish all structures built on the banks of a large storm-water drain (Gujjar Nalla) that runs through the length of the city of Karachi. Mr. Amjad Gulzar, National Executive Director, was the special guest of the distribution ceremony and other distinguished guests Fr. Mario Rodrigues, Parish Priest of St. Jude's Parish, Fr. Ashir Laigat, Fr. Shahzad Arshad assistant parish priests and Mr. Mansha Noor, Executive Secretary CPK. Mr. Mansha Noor, Executive Secretary CPK thanked Mr. Amjad Gulzar, National Executive Director of Caritas Pakistan for showing his concern and solidarity with affected families.

Fr. Mario Rodrigues, Parish Priest of St. Jude's Parish, in his speech said that we must trust that God be with us in our miserable situation and send same one for our help like Caritas. Whatever we received today we always praised and thanked to the God. We also

prayer for our benefactors those specially Caritas Italiana, Caritas Pakistan for their financially support for this relief items. He also thanked Caritas Karachi for providing food packages and nutrition baskets to our Parish areas peoples those were affected by the Covid-19 Pandemic and anti-encroachment operation. He concluded his speech said that we are try our level best for your housing rights and demand to Sindh Government to provide you the alternative replacement and cost of compensation Mr. Amjad Gulzar asked the affected peoples to help each other in this awful situation and organized your selves and united to fights for your housing rights. He concluded his remarks said that Caritas Pakistan will not leave you alone in this miserable circumstances and it will continue its support in shape of goods, morally and ethically. The Chief Guest and other honorable guest distributed the Food & Nutrition Baskets among effected families. Mr. Sarfraz Anwar, Diocesan Project Office facilitated the Session on Nutrition and precautionary Measures against COVID-19 before distribution.

Food Support Continues for Evicted Christians in

In response to Forced Eviction Emergency, Caritas Pakistan Karachi distributed Food & Nutrition baskets among 50 most vulnerable disabled, sick and widows Christian families of F.C Area of St. Philip's Parish of the Archdiocese of Karachi on 25th of May, 2021 under our Micro project at St. Philip's Parish Karachi. Fr. Benjamin Shahzad, Parish Priest of St. Philip's Parish thanked



Caritas Karachi for their support and guidance to help our parish affected peoples. "We thank God and received these food packages with joy and happiness because things were finished but happiness and joy will continue with us," he said. Mr. Mansha Noor Executive Secretary CPK asked the affected peoples to help each other in this awful situation and organized your selves and united to fights for your housing rights. "We shall continue helping the most vulnerable families to sustain and run their kitchen," he said. The Chief Guest and other honorable guest distributed the Food & Nutrition Baskets among effected families. Mr. Sarfraz Anwar, Diocesan Project Office facilitated the session on nutrition and precautionary measures against COVID-19 before distribution.

COMMUNITY BASED DISASTER RISK MANAGEMENT (CBDRM)

Caritas Preparing for Monsoon Disasters in Karachi

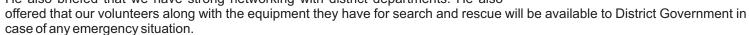
Pakistan is getting ready for monsoon rains, both those associated with the gap in temperatures between land and sea and those caused by short-term phenomena that have become intense in the last few years. The weather is currently pleasant in Karachi, but in a few weeks' heavy rains will come, often bringing disasters. For this reason, Caritas held a seminar last Thursday on monsoon preparation and mitigation as part of a project on community risk management. This brought together local civil protection committees and volunteers from the Shireen Jinnah Colony, FC Area, Lalu Khait, Yousaf Goth, Saifuel Maurri Goth and Kuasar Naizai Colony. The aim was to raise awareness about prevention and how an efficient response can reduce the impact of disasters and save many lives in the event of heavy rainfall and flooding in urban areas. In his



welcome speech, Caritas coordinator Mansha Noor stressed the need to take every precautionary step and engage in careful planning to face flooding, citing Noah's biblical story as an example. Amir Robin, coordinator of the National Monitoring and Evaluation Commission for the South Region, highlighted the importance of protecting homes and neighborhoods to reduce the loss of life and property during floods in Karachi. In particular, he cited the extreme vulnerability of the homeless families in Gujjar Nalla and those at risk of eviction. The adoption of construction techniques to build more disaster-resistant housing was also mentioned. Sarfraz Anwar, one of the project's organisers, was tasked with explaining some simple rules of conduct that can help save lives during a flood. Such rules include staying away from power lines and being extra cautious with electronic devices; staying away from trees, poles and signs posts; preparing emergency supplies of food, medicines, drinking water, torches, and fuel; avoiding food made damp and stale by flood water; and paying special attention to seniors, children, women and the disabled. Anwar also recommended that the authorities follow government directives to keep up to date with the latest information about the rain and emergencies. Participants received posters to increase awareness of these rules. For their part, local civil protection committees called for more training exercises with rescue teams and asked for plastic bags to save documents and essential household items during emergencies. Caritas Pakistan plans to meet both requests.

Mock drill with Rescue 1122 in Multan

Caritas Pakistan Multan jointly with Rescue 1122 Participated in Annual Mock Drill Organized by District Government Muzaffargarh on June 11, 2021 at bank of River Chenab. Mr. Ali Shahzad, Deputy Commissioner, District Muzaffargarh was the Chief Guest. He was accompanied by ADC Revenue Muzaffargarh. Caritas Pakistan Multan team of Volunteers and Members of ERT of 5 DMCs participated in the leadership of Mr. Amir Yaqoob, Program Coordinator DRR. Honorable DC appreciated all departments, schools and civil society organization for their active role and participation in mock drills. Mr. Amir Yaqoob briefed that DRR is our main thematic area and we are building Disaster Resilient Communities in Disaster Prone Districts in South Punjab particular. He also briefed that we have strong networking with district departments. He also



WASH

Caritas Brings Drinking Water to A Rural Community in Sindh

Ahsas Raza Goth is a village in Sindh province. It had a water problem because its old submersible water pump was damaged and its new pump needed fixing. The community asked for help; Caritas Pakistan Karachi provided it. For Raza Barkat, a 60-year-old resident of the village, the Catholic charity "restored our life; we lived in a dire situation without water, especially our children, and women were suffering due to the water problem, but now everyone in the village is happy with the availability of water. The submersible pump stands at the entrance to our village." Due to the damage to the old pump and the breakdown of the pump installed by the Sindh government, which was the only source of water for the community and their livestock, residents were suffering



badly, especially women who had to walk miles to get water to drink and cook. Caritas Pakistan Karachi traditionally works with and for underprivileged communities through various community development programmes and by raising awareness. Water shortages for human use (drinking, cooking, etc.) and agriculture (farming and livestock raisin) are a permanent problem. Mansha Noor, executive secretary of the Caritas Pakistan Karachi, together with Amir Robin and John Rehmat (Caritas coordinator), visited Ahsan Raza Goth to meet the villagers and inaugurate the new pump. Supporting a big smile along with village volunteers and Caritas staff, Mansha Noor pressed the button to activate the device. In his address, he expressed satisfaction with the result, noting that Caritas was aware of local water problems for some time and wanted to solve them, but could not due to a lack of resources. Amir Rubin congratulated the people of Ahsan Raza Goth and said the water will serve not only for drinking and cooking, but also for the livestock. He added that the submersible pump should be closely monitored or it could be damaged again. To mark the day and as part of Caritas Pakistan's "One Million More Trees" campaign, neem and berry were planted.

Drinking Water Facility for Karachi Village

Caritas Pakistan Karachi under their "WASH Initiatives in Remote Aras of Pakistan" project restored drinking water facility of hand pumps of rural community of landless farms at Yaqoob Farm, Gharo on 13th of May, 2021. Due to the water of the hand pumps which were installed by Sister Mary Grace three years ago were contaminated and not safe for drinking and cooking. Women and girls in particular had to walk miles to fetch water for drinking and cooking. Caritas Pakistan Karachi under the project of "WASH Initiatives in Remote Aras of Pakistan" managed to make new bores with fixed 2000 meter pipes with the help of Wash Committee members in Yaqoob Farm village to restore five hand pumps. Fr. Anthony Abraz, Parish Priest of St. Thomas's Parish was the Chief Guest. Fr. Daniel O'



Connor, Incharge of Mission Commission, Fr. Afzal Gulfam, Assistant Parish Priest, Deacon Barnabass, catechists and Caritas staff inaugurated the hand pumps. The members of the Wash Initiative Committees (WIC) and children of the village showered rose petals on the guests. Mr. Mansha Noor, Executive Secretary CPK congratulated the women of whole village for facility of drinking water at your door step. Rev. Fr. Anthony Abraz, Chief Guest thanked to Caritas for selecting Yaqoob Farm on his request to provide drinking water facility. "We were in dire straits without water, especially our children and women," said Mr. Ramsha member of Wash Committee. To commemorate the event in view of the "One Million More tree plantation campaign" of Caritas Pakistan, Neem plants were also planted.

Training of trainers on WASH and COVID-19

Caritas Pakistan Multan organized TOT on WASH and COVID 19 on May 5, 2021. More than 32 members of 10 WASH Committees from 10 target Districts of Khanewal and Muzaffargarh participated. Mr. Shahid James Project Officer shared Project objectives, activities and role of WASH Committees. Mr. Amir Yaqoob, Program Coordinator DRR shared Approaches of Sanitation in Pakistan. Mr. Ambrose Gill shared community participation in meaningful manners to achieve project objectives. Mr. Samuel Clement welcomed all participants and Rev. Fr. Yousaf Sohan Vicar General Catholic Diocese of Multan. Rev. Fr. Yousaf Sohan Appreciated the efforts of Caritas Pakistan for supporting the communities with knowledge, skills and necessary material support. Dr. Ali Abu-Zar (Assistant Professor and IN charge COVID WARD Nishtar Hospital Multan) conducted session on COVID 19.



WASH Committees Formed in Sargodha and Quetta

Caritas Pakistan Islamabad Rawalpindi WASH intiatives in remote areas of Pakistan project conducted Awareness raising session and formation of WASH committee in Chak no. 36 SB district Sargodha by Shahzad Gulzar VRP. 20 male and female participated in the program held on 13 April 2021. He told the participants about health and water related diseases in the area. Shahzad Gulzar thanked the community for their participation in the session. Caritas Pakistan Quetta WASH team conducted an awareness session and formed a WASH committee on 14 April 2021 in Godi Mahal Sibi.



CARITAS INITIATIVE FOR EDUCATION PROMOTION CIEP

Distribution of Education Center Material in Multan

4 Caritas Calling

Caritas Pakistan Multan organized distribution of Non Formal Education Centre material on June 9, 2021 at Boland Hall, Bishop House Multan. Samuel Clement Executive Secretary welcomed Archbishop Sebastian, Apostolic Administrator Catholic Diocese of Multan and Mr. Amjad Gulzar Executive Director Caritas Pakistan. Mr. Samuel Clement briefly explained the project and its interventions. NFE Teachers and project staff also briefed about their work. Archbishop Sebastian Francis Shaw shared that teaching is a noble social service and you are doing it with depressed segment of society. Mr. Amjad Gulzar appreciated the efforts of CPM staff for generating bilateral projects. He appreciated the NFE Teachers and project staff for their tireless efforts. At the end Archbishop Sebastian Francis Shaw and Mr. Amjad distributed the material (office table, Chair, white board, water cooler and glass) among teachers.



2 Caritas Calling
3 Caritas Calling