#### LIVELIHOOD PROGRAM

### **Livestock Vaccination Camps and seminars**

Caritas Pakistan Islamabad-Rawalpindi organized four Livestock vaccination camps and seminars in different flood prone UCs of District Sargodha, namely Sabuwala Shahpur, Sameeka, Dholaka and Maghrhili. In seminars a total of 142 people participated and during camps 2 875 animals were vaccinated

| during earlipe 2;070 drillindie word vaccinated. |        |                  |            |                                 |                           |
|--|--------|------------------|------------|---------------------------------|---------------------------|
|  | Sr.No. | Area             | Date       | No. of Participants in Seminars | No. of Animals Vaccinated |
|  | 1      | Sabuwala Shahpur | 20-10-2016 | 30                              | 870                       |
|  | 2      | Sameeka          | 22-10-2016 | 25                              | 675                       |
|  | 3      | Dholaka          | 23-10-2016 | 45                              | 579                       |
|  | 4      | Maghrhili        | 25-10-2016 | 42                              | 751                       |
|  |        | Total            |            | 142                             | 2 875                     |



### CERTIFICATE DISTRIBUTION CEREMONY OF SKILL DEVELOPMENT CENTRE

Skill development centre of Caritas Pakistan Karachi successfully trained 19 young girls and women in three month trainings of sewing & cutting and different handcrafts. The certificates distribution ceremony of skill development center was organized on 21st of December, 2016 at Nafeesa Researcher & Training Hall.



Mr. Mansha Noor, congratulate students of sewing center and said that "this training provided alternative livelihood source to start own small business s an entrepreneur and add income in their family budget.





# Motivational Session for women

Caritas Pakistan Karachi organized motivational session and exhibition on small business for young girls and women on 22nd of October, 2016 at Skill Development Center. 30 women entrepreneurs from different areas of he Karachi participated in the session

he objective of this event was to bring together women entrepreneurs at one platform to listen

their problems and issues and gather relevant learning from successful entrepreneurs by sharing of their experiences. The exhibition was inaugurated by Mr. Vijay Kumar from Prem Sagar Welfare, along with Mr. Kelash Kumar Sarhadi from Master Peace, Dr. Govind from Benazir Shaheed University and Mr. Mansha Noor. The panelists of session were Mrs. Fakhra Jamal Siddigui, Chief Executive Officer of M. J. Trading exporter of Onyx, marble wooden and handicrafts, Ms. Nazia Chohan and Mrs. Seema Shahnawaz. They shared their experiences of benefitting entrepreneurs and opportunities available for women empowerment to start small business and highlighted the role women in the social and economic development of the family and country. Women entrepreneurs also shared their learning and action plan for replicating their learning. "Caritas Pakistan Karachi has focussed on empowering women, not only because they are more heavily affected by poverty, but also because we believe that investing in women is the best way to end poverty" said Mr. Mansha Noor.

### WASH PROGRAM

#### Hygiene awareness sessions with women & children:

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Awareness sessions was conducted with school and community for the development of knowledge and attitudes toward health & hygiene. Topic discussed during awareness sessions were water and health .water contamination, water disinfection. solar water disinfectant and water quality test.

172 people including men, women, children and youth participated in 5 awareness sessions. Government's Community Health Workers conducted separate sessions with women for menstrual hygiene components. These session encouraged women to shared their hygiene linked problems. Most of the severe cases were further referred to hospitals for further treatment.



Children were taught in an interactive manner regarding personal hygiene. Through these session people learnt and started practicing health and hygiene rules.











European-Asian Partnership for Building Capacities in Humanitarian Action (PEACH) This project is funded by EU

BASIC PRINCIPLES AND STANDARD IN HUMANITARIAN AID

## IMPLEMENTATION OF HUMANITARIAN AID **USING CI TOOL KIT**



#### Caritas Pakistan organized first Training of PEACH Project

Caritas Pakistan successfully conducted first training on "Basic principles and standards in humanitarian aid and the implementation of humanitarian aid using the CI tool kit" of European Asian Partnership for Building Capacities in Humanitarian Action (PEACH)Project on December 11-13, 2016 at Caritas Pakistan National Secretariat. PEACH EU funded project is being implemented in seven countries including Pakistan as well. Thirty two (32) participants consisting of Emergency / DRR staff, volunteers, Diocesan Executive Secretaries attended the training, Training was facilitated by Mr. Nadeem Yousaf, Mr. Liagat Masih and Amir Robin. Mr. Amjad Ghani Representative UNOCHA Punjab also facilitated the session on humanitarian response coordination systems in Pakistan. He appreciated the work of Caritas Pakistan in humanitarian response particularly capacity building component.

Main content of the training included, introduction of Sphere Standards handbook, mainstreaming sphere protection principles, core humanitarian standards, 4 technical chapters (Food Security, WASH, Health, Shelter/NFIs), Code of conduct of international Red Cross Crescent Movement and NGOs in Disaster, CI Tools Kit Introduction, CI Emergency Response Framework, Overall Structure of tool kit and organizational preparedness, Communication Assessment experience, introduction to assessment in tool kitCl Tools Kit Budgeting, Managing Appeal, Monitoring & Evaluation, Financial Audit and External evaluation. During the sessions best practices of Caritas Pakistan responses were also shared.

Mr. Amjad Gulzar Executive Director Caritas Pakistan said that PEACH project is great opportunity to strengthen the capacity of our staff and volunteers. I am happy that this training is facilitated by Caritas Pakistan staff which is encouragement for others as well. He thanked UNOCHA representative for facilitating the session and ensured that UNOCHA will be updated about PEACH progress.





Amiad Gulzar

Caritas Pakistan increased its impact, broadened its

reach and accelerated progress in last quarter. We

have completed our four potential quarters and I am

pleased to share with you 4th guarter newsletter reflecting major milestones achieved. We have seen

an increased focus on our goals, strategic planning

and maintained the quality through our policies and

appreciate staff, volunteers and donor partners for

upliftment of the marginalized community through

raising awareness on important issues in communities

and providing opportunities to have access to

Caritas Pakistan also celebrated "Caritas Day" on 14th

December remembering the day Caritas Pakistan

was established. On Caritas day we took the

opportunity and acknowledged the services of our

volunteers and Fr. Bonnie Mendes for his life time

Launching of one million trees has increased our

collaborations with environmental experts and

booklet, annual report 2015 and strategic planning.

Caritas team under the theme "together we proceed"

Singh. Caritas Pakistan has planned to support the

May God bless Caritas Pakistan team with more

enthusiasm and potential to support the marginalize

techniques and social harmony.

services for the community.

rehabilitation.

community.

livelihood opportunities to promote disaster mitigation

procedures.

**Executive Director** 

Member: Amer Anwer

Member: Anila Shakeel

Permilla Rahat

October - December 2016

**Million Tree Plantation Campaign** 



shrinking due to deforestation and leaving its adverse impact on the environment. Trees help to conserve soil and water, control avalanches and prevent natural On the closing of the year 2016 I would like to disasters. To combat climate change and support Sustainable development goals supporting the amazing work accomplished for the Caritas Pakistan Officially launched one million tree plantation Campaign on 14 December, 2016 with an aim to plant one million plants in the upcoming years by

> On the of occasion Caritas Day, His Excellency Bishop Joseph Coutts Chairman Caritas Pakistan inaugurated One Million Tree Plantation Campaign by planting Olive plant, a sign of peace and harmony.

> Mr. Amjad Gulzar Executive Director in his opening remarks said, "by mobilizing the community to plant one million trees across the county, we will reduce carbon pollution and produce healthier forests, streams and neighborhoods. It's an important campaign that will help to ensure our region remains a national leader in the effort to confront climate change."

Bishop Benny Mario Travas, Fr. Bonnie Mendes, Dr. Saamia Saif (Environment Scientist) and Mr. Nadeem Abbass (Divisional Forest Officer - Government Forest Department Punjab) along with 100 participants consisting of Caritas staff, Government Forest Department. Caritas Pakistan volunteers, students and representatives from other organizations attended this launched three major publications kitchen gardening

These publication will be source of guidance and Mr. Nadeem Abbass (Divisional Forest Officer) Forest Department, Government of knowledge for communities, staff members and Punjab delivered a talk on "Climate change challenges and tree plantation". He explained that tree plantation is the dire need of the country today because Pakistan's forest reserves are shrinking at a rate of one percent. Pakistan has very low forest cover of 5% which must be 25% in every country. He further assured that created innovative project proposals and linked with Forest Department would fully co-operate with Caritas Pakistan and provide European union. Here we also remember victims and people affected from toxic liquor intake in Toba Tek technical assistance throughout this campaign.

Dr. Saamia Saif (Environment Specialist) revealed that Pakistan is assessed to be affected families with food packages for their livelihood one of the most vulnerable countries in the world to climate change. During last month, people experienced SMOG, which is a kind of air pollution, originally named



CARITAS PAKISTAN National Secretariat 23/3 Race Course Road Lahore-54000 Pakistan

website: www.caritas.org.pk

for the mixture of smoke and fog in the air. That is just because of climate change, as it never happened in the past. She congratulated Caritas Pakistan for initiating such a great campaign and expressed her support in linking Caritas Pakistan with international organizations and networks for resource mobilization. Mr. Nadeem Yousaf National Coordinator presented the concept and methodology of campaign. After inputs by the technical experts, some of the questions raised



were responded and documentary promoting one million tree plantation campaign was played. Afterwards shields were presented to His Grace Archbishop Joseph Coutts and Most Rev. Bishop Benny Mario Travas for their contributions for Caritas

His Grace Archbishop Joseph Coutts (Chairman of Caritas Pakistan) said "I am really happy and energized after attending the session. One Million Tree Plantation Campaign is not a big target we need to be committed to reach million. He further added that "I am very much pleased with the commitment and technical expertise of Mr. Nadeem Abbas from Goyt, of Puniab and Ms. Samia Saif Environment specialist for campaign. He appreciated Caritas Pakistan staff for complementing "Laudato Si" an encyclical from Holy Father, which not only focus on environment but also teach us about caring of our common home.

Fr. Bonnie Mendes said "I am happy to see the work of Caritas Pakistan and their commitment toward involvement of different stake holders in the campaign" As part of launching of one million tree plantation campaign, Archbishop Joseph Coutts, Fr. Bonnie Mendes, Fr. Renard Remindran OMI, Mr. Augustine Gill, Mr. Amjad Gulzar, Dr. Saamia Saif and Mr. Nadeem Abbass planted saplings in the premises of Renewal Centre and recorded their interviews to different TV channels. Mr. Amjad Gulzar extended his gratitude to all the honorable guests, participants and staff for making this launching ceremony a successful event.

# Caritas Pakistan Day, Staff & Volunteers Convention 2016

Caritas Pakistan Day was observed with great zest and zeal on December 14, 2016 at Renewal Center Youhanabad, Lahore. This day is established in the remembrance of birth of Caritas in Pakistan. The main objective of this event was to observe Caritas Day and acknowledge services of Caritas Pakistan as a humanitarian organization since its establishment. Later the distinguished guests including Archbishop



Joseph Coutts, Bishop Benny Mario Travis, and Fr. Bonnie Mendes accompanied by Mr. Amjad Gulzar (Executive Director of Caritas Pakistan) unveiled the plaque of monument of Caritas Pakistan Day followed by cake cutting.

### **Caritas Staff and Volunteers Convention**

The event of Caritas staff and volunteer staff started with the holy mass led by Archbishop Joseph Coutts and Bishop Benny Mario Travis followed by Caritas Tarana (Anthem) sung by staff members from Multan. Mr. Amjad Gulzar welcomed all the participants and guests. He said, "We are confident that we can apply the principles and lessons from the interactive discussions and experiences, impacts, most importantly, we learnt the powerful message of proceeding together by learning how to feel, share and care for one another". Miss Samina Magbool, a staff member from Caritas Pakistan Karachi presented a peace candle to Mr. Amiad Gulzar.



## Recognition of services of volunteers

The volunteers of Caritas Pakistan rendering their services in different districts were awarded with shields by His Grace Archbishop Joseph Coutts and Most Rev. Bishop Benny Mario Travis to acknowledge their contributions for Caritas Pakistan.

#### Sessions on organizational growth & development

Fr. Bonnie Mendes talked about organizational development and said staff is key component for organizational development. "They must be committed and Caritas must follow international humanitarian development standards" he said. He was also recognized for his longest association and contribution for Caritas Pakistan since its establishment in Pakistan. Mr. Amjad Gulzar spoke about organizational strengths and said "For an organization to be sustainable it must have its strategic plan, policy and procedures.







Caritas Pakistan has it strategic directions that serve as a road map to achieve vision, mission and goal.

Plenary session was conducted on second day moderated by Mr. Amjad Gulzar and all Diocesan Executive Secretaries (Mr. Samuel Clement, Karman Sittar, Sheezan William, Fr. Francis Gulzar, Mansha Noor, Farhan Lawrence, Manshad Asghar) talked about (Climate Change, CPEC, Situation of Baluchistan, Peace and Social Harmony, Livelihood and food security issues of coastal areas, roll of development organization for disable people and drought in Sindh). Ideas were also sought from the participant on, "How would they like to see Caritas Pakistan in 2020" Mr. Amjad Gulzar highly appreciated participation of all staff in the event and said "we can increase our outreach with our limited resource. Now Caritas has different approaches and polices to integrate all the interventions to scale up our work. We are member of south Asia and we are coordinating south Asia joint interventions. We are also actively involved in 26 members of Caritas Asia". We must take guidance from strategic plan and work accordingly in it. We carried out an exercise to have input that we want to see Caritas Pakistan in 2020, This exercise gave motivation to think big.

### **Cultural Night and Sports Gala**

A colorful entertaining cultural night was observed promoting culture of different regions. The staff members dressed up in traditional costumes presented their culture and values of their region through their cultural dresses, songs and performances. A sports gala was also arranged on the last day. The staff and volunteers from diocesan units actively participated in different games such as apple eating, spoon race, leg race, and sac race etc. This exercise increased their interaction and team spirit. A cricket match was also played between the staff members from North and South regions. Lastly shields, trophies and certificates were awarded to the winners and runner ups.







# Caritas Pakistan Launched Different Publications December 14, 2016

Caritas Pakistan organized a launching ceremony of three major publications at Renewal Center, Youhanabad, which was attended by people from different walks of life. Archbishop Joseph Coutts, Bishop Benny Mario Travas, Mr. Augustine Gill, Fr. Renard Remindran OMI, Fr. Bonnie Mendes, Dr. Saamia Saif (Environment Scientist) and Mr. Nadeem Abbass (Divisional Forest Officer) did the honor of inaugurating different publications. The publications consisted of Annual Report 2015, Kitchen Gardening Booklet and Strategic Plan (2016-2019) of Caritas Pakistan

Talking to the participants on this occasion, His Grace Archbishop Joseph Coutts and His Excellency Bishop Benny Mario Travas (Bishop of Multan) congratulated Caritas Pakistan for launching different publications, which are source of guidance and knowledge for donors, staff members and communities. Mr. Amjad Gulzar extended

his gratitude to all the honorable quests, volunteers and staff for being part of this launching ceremony. Briefly explaining about different publications he revealed that annual report for 2015 reflects our interventions under different projects and programs. Kitchen gardening booklet is a best way to acknowledge replication of practices by beneficiaries. He also advised the staff members to take guidance from strategic planning booklet and work according to this in order to contribute in the achievement of mission of Caritas Pakistan.

Due to intake of toxic liquor 42 persons died and 149 were seriously injured in Mubarikabad Colony district Toba Tek Singh. The state of emergency was imposed in the district Headquarter hospital of the respective area. The affected people were also treated at Allied Hospital Faisalabad. Christmas holidays were under shadows of sorrow and grief due to the incident in Mubarikabad Colony. His Lordship Most Rev. Bishop Joseph Arshad visited the affected area and families of victims. These



families are in extreme trauma situation due to sudden lost of family members and relatives. Livelihood source of the affected families has also been disturbed due to death of the bread winners. Therefore, education of the children is also disturbed and their future is likely to be at risk. The incident could have been prevented or the numbers of death may be reduced if the medical services could reach to affected people well in time said Mr. Amjad Gulzar Executive Director, Caritas Pakistan who also visited the area and conducted meeting with Bishop Joseph Arshad and affected community. Caritas Pakistan has planned to provide assistance to affected families helping them to learn different skills and start small home base income generating initiatives.

### ORIENTATION AND TRAINING ON CRISIS AND COMMUNICATION MANAGEMENT

Orientation of "Strengthen safety & security of Christian institutions" project was organized on October 27, 2016 along with Training on Crisis and Communication Management on October 28-29, 2016. 28 participants including Diocesan Executive Secretaries, Safety and Security focal persons and finance managers of seven diocesan units attended training at National Secretariat, Lahore.

Mr. Nadeem Yousaf (National Coordination DRR and Response) shared details of the project. Designed activities for project with process implementation plan and time line developed in consultation with all the focal persons and Diocesan Executive Secretaries were shared in session. An extensive working strategies of the project were developed indicating involvement of stakeholders, dis-aggregated data and documentation required against each activity. All the diocesan units shared list of 20 selected institutes their selection process, needs and distance from the diocesan office. Financial formats along with operating <u>system and reporting deadline explained to the finance manager and project focal persor</u>





Security management plan and strategy package for selected institutes was designed to minimize risk concerns. Exposure visit of Youhanabad church blast place was organized for participants to practically observe the real time scenario of security concern in community. Participants through discussion with Church Priest Fr. Francis Gulzar got orientation about the blast situation and steps taken in worst scenario. Based on Observation and discussion participants make SOP's for security of different institutions.

Mr. Amjad Gulzar (ED Caritas Pakistan) said "Caritas Pakistan took this initiative to scale up safety and security of schools and different institutes through training and drills, to make our people equipped with life saving techniques". He also acknowledged support from Caritas Germany for this project.

## TRAININGS OF TRAINER (TOT) AT DIOCESAN LEVEL

Trainings of trainer (TOT) at diocesan level on strengthen safety & security of Christian institutions project was conducted in all the Caritas Pakistan diocesan offices (Lahore, Karachi, Faisalabad, Multan, Islamabad/Rawalpindi, Hyderabad and Quetta) by Mr. Estephen David (Project Officer –Caritas Pakistan National Secretariat) was the main resource person. 179 participants attended the TOTs.







Peace Building & Social Harmony

Caritas Pakistan Karachi arranged an educational exposure visit of St. Bernadette School children, under the PEACE Building Project. The students and teachers were taken to historical places of Thatta i.e. Makli Hill and Keenjhar Jheel, on 02 December 2016. The purpose of the exposure visit was to visit the historical places and to learn about them and to know about Sufi saints and local rulers who worked for the promotion of love peace and

"It was great learning, even though we studied these places in our school books, but today we have learned even more than we studied" said one of the students of St. Bernadette. The majority of the student said that they have leant a



lot and they wish to come here again to explore some new things. Mr. Maqsood Francis (Principal) thanked Caritas Pakistan for choosing their school for PEACE project and providing such an opportunity to the students to visit and learn about historical

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