

NCDC GRADUATION CEREMONY

A month long National Community Development Course, 2016 was successfully concluded with the "Graduation Ceremony" at Renewal Centre Youhanabad, Lahore dated July 22, 2016. A total 24 participants (18 females, 06 males) including students, lecturers, development workers and young professionals graduated from (NCDC, 2016) . The duration of which was June 20 – July 20, 2016. The course consisted of six.

Module 1: Social mobilization in community development
Module 2: Project designing management and reporting
Module 3: Conflict management and leadership
Module 4: Community based disaster management
Module 5: Community Exposure Visit
Module 6: Monitoring, Evaluation, Accountability and Learning - MEAL

It was an honor for all the participants that two Archbishops, One Bishop along with the Board Members of Caritas Pakistan were present at the Graduation Ceremony. The Executive Director - Caritas Pakistan, Nation Secretariat Staff and all the seven Diocesan Executive Secretaries also joined the ceremony.

Mr. Amjad Gulzar (ED-Caritas Pakistan) heartily congratulated all the dedicated students, hardworking facilitators and the supporting staff concerning logistics and time management throughout the course. Caritas Pakistan has celebrated its fiftieth anniversary last year, now we are very keen towards the right selection of participants regarding community development work. We are focusing on the capacity building of our young generation by giving those opportunities and platforms like NCDC where they come, grow and executive the learning further into their communities for the betterment of the society as whole – He said. The Participants also shared that Course was highly successful in engaging the participants in a participatory process of analyzing tools and approaches for Community Development Work in modeling a range of facilitation techniques - said Ms. Fouzia Colombus (Participant, NCDC).

The Chairman Caritas Pakistan, Most Rev. Archbishop Joseph Coutts admired the effort of Caritas Pakistan and congratulates the participants for becoming the first batch of NCDC. He further motivates the participants to work for climate change and save our beautiful planet. "We are the chosen one and as ambassadors, we need to complement Holy Father encyclical on Climate change by caring it make it pollution free by educating our communities" he said. Most Rev. Bishop Benny Mario Travas also congratulated all the participants for being privileged for the community development work. His Grace Archbishop Sebastian Francis Shaw also motivated the participants to recognize our community problems and build the capacities of our youth to come together and work on positive solutions of every problem underlying in our society. He also guided the participants for the right selection of subjects in their academics. At the end certificates were distributed and participants visited an exhibition set up by NCDC participants.

NCDC 2016 Second Batch

Caritas Pakistan pioneer of community development course successful completed 1st batch of National community development course NCDC 2016 in July and Proudly inaugurated NCDC second batch on 7th September at Caritas Research and Training Centre. One month course (7 - 29 September, 2016) for professionals, Students and Practitioners to be potential contributor for community development initiatives to empower neglected and under privileged communities. Mr. Amjad Gulzar Executive Director, warmly welcome participant and said "Though this course we are empowering the people to take the ownership and with communities participation we work for sustainable change at their local level".

In module 5: Community Learning Exposure of Districts Narowal and Sialkot, dated September 23-24, 2016 was organized by Caritas research and training center (CRTC) at village Chahor district Sialkot. The aim of the course was to enhance the learning of the students through field work. Students practically experience the information, skills and tools of community development learnt in different modules. Participants used practical exercises did community profiling, transact walk, semi structured interviews to develop a micro project for community development of selected village.

Caritas Pakistan successfully completed 2nd NCDC 2016 dated 7 –30 September, 2016 with 12 graduates. The graduation ceremony of NCDC was held on 1st October, 2016 at Caritas research and training center, Lahore. Graduation ceremony was honored by Mr. Amjad Gulzar Executive Director Caritas Pakistan. Staff of national secretariat and participants of NCDC bath 1 and Caritas Pakistan Lahore staff were also the part of the ceremony. Ms. Salima Khundan and Mr. Amir Azeem (NCDC Participants) shared their course learning and thanked Caritas Pakistan for organizing fruitful course. Executive Director, Caritas Pakistan congratulate the graduates for successful completion of Course and said "our aim is to graduate 70-80 student from course every year".



Rickshaw Distribution

Caritas Pakistan facilitated families affected by "Easter blast" (81 people died in the explosion in park at Lahore on March 27, 2016) with Livelihood support in form of "rickshaw" (small motor vehicles that serve as mini-taxis. four rickshaws were provided to those families who had lost their main bread earners. While to other injured victims Caritas continues to provide financial support for the medical assistance. Archbishop Sebastian Francis Shaw (Archbishop of Lahore) distributed the small means of income generation that will allow affected families to start a basic economic activity and said "Catholic Church want to be close to the victims in this crucial period. We also express our gratitude to the federal and provincial governments, to civil society organizations, the Department of Health, continue helping those still in hospitals". Mr. Amjad Gulzar (Caritas Pakistan Executive Director) have extended his gratitude and said Caritas Pakistan since its inception dealing with emergencies and crisis faced by Christian community. He encouraged all the participants of the Livelihood support ceremony to stay united in every difficult situation. In continuation of the medical support of Gulshan Iqbal Park Bomb Blast victims, on the occasion of Eid-ul-Eza festival and in solidarity with Muslim brothers, Caritas Pakistan Lahore distributed cheques among two Muslim brothers for their support in medical treatment.



PEACE BUILDING AND SOCIAL HARMONY

International Peace Day News

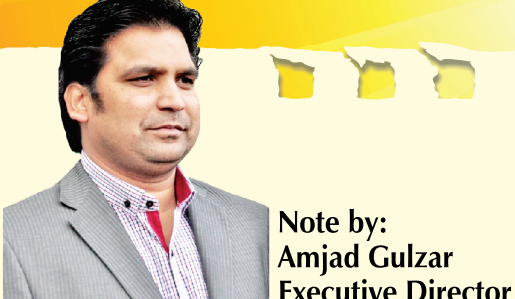
Caritas Pakistan National Secretariat celebrated international peace day 21st September, 2016 at Caritas Research and Training Center, Lahore with NCDC students and staff. The Day's theme for 2016 is "The Sustainable Development Goals: Building Blocks for Peace." Youth of National community development course integrate peace day with Climate change (one of the building block of peace) and stepped up in climate change and disaster risk reduction DRR module. Compliment with the theme that world is created for the peace and not for the destruction but the modern world is leading towards the creation of a less peaceful and unsafe environment for the present as well as the future generations.

Ms. Nisha (NCDC student) & Mr. Estephen David (Livelihood officer) explained the theme its important, relation with sustainable development goals and brief history of peace day. Mr. Amer Anwer (National coordinator for Peace & Harmony) reflected on Caritas Pakistan effort for the promotion of peace and harmony through different intervention involving school children, youth, teachers and student. "Caritas network of peace started with 18 schools which have now expanded to 40 schools in eleven districts of Pakistan: It is a big achievement of caritas to promote peace education and social harmony in Pakistan. Mr. Amir Irfan (National Coordinator for Livelihood and Food Security) and Mr. Nadeem Yousaf (National Coordinator for DRR and Response) said "We should promote culture of forgiveness to start practicing peace among us through this act. They further explained how we can be the instrument of peace in the world by sharing love of God present in us. Students of National community development course (NCDC) presented different songs of peace. Same ceremony was also organize at by Caritas Pakistan Lahore with school children of bordering areas.

Caritas Pakistan Lahore organized a peace walk in Narowal city . People from different walks of life like students, teachers, youth, members of civil society organizations, members of line departments, community leaders and community members participated in this walk. The purpose of this walk was raising awareness for peace among community. The walk was led by Rev. Fr. Joseph Shahzad (Diocesan Executive Secretary - CPL), Rev. Fr. Bernard Emmanuel (Parish Priest – Narowal Parish) and Mr. Rojar Noor Alam (Diocesan Program Coordinator/Head Operations – CPL).

Digital Photography Training Workshop

Caritas Karachi organized Digital Photography Training Workshop for Beginners and amateur Photographer on 10th of September, 2016 at Caritas Karachi Office. The workshop was conducted by Mr. Romi Bhatti a Professional Photograph for UK, Mr. Alleem Uddin Khan, Information Officer of Information Department Government of Sindh was the Chief Guest of the program and distributed the certificate among participated.



Note by:
Amjad Gulzar
Executive Director

Caritas Pakistan under Caritas Research and Training Center (CRTC) completed 2nd Batch of National Community Development Course (NCDC) in order to capacitate Christian youth for community development.

Our world is lacking peace and harmony among the communities which is not only effecting peace and harmony but also becomes challenge for climate change. In this regard Caritas Pakistan integrated International peace day with climate change to make our universe green and peaceful. It's our big achievement that Peace building initiatives initiated with 18 schools have now expanded to 40 schools in 11 districts of Pakistan to educate our youth with the spirit of love, unity and tolerance.

CBDRM program organized Training of Trainers to scale up risk reduction interventions at school level to reduce disaster level and introduced comprehensive school safety model and approaches.

Women empowerment is mainstreamed in all our programs and thematic intervention. In this regard 3rd women farmer conference was organized over in which 140 women farmers and entrepreneurs across the different parts of the country participated in the conference under the theme "Empowering Women: Empowering Pakistan". Providing platform to women farmers to learn from each other and raised voice for their rights in agricultural sector.

We continue to support small farmers to meet the challenges of food security through livelihood interventions threatened by climate change and water shortage Caritas Pakistan inaugurated first "Drip Irrigation" model which was successful.

Among rural population of Pakistan, Caritas through the implication of PATS (Pakistan approach to total sanitation) through WASH intervention promoted mass scale awareness, main streaming gender and disabilities.

Partnership with European Union through PEACH Project is big achievement and Caritas Pakistan through the excellent implementation of project will ensure future collaboration with European Union.

The Newsletter of Caritas Pakistan Issue No.152 July - September 2016



Caritas Pakistan organized 3rd Women Farmer Conference from August 16-18, 2016 under the theme "Empowering Women: Empowering Pakistan" in Lahore. Final Conference day concluded with plenary sessions and exhibition was held on August 18, 2016 at Children Library Complex.

The event aimed at bringing together women farmers and beneficiaries of Women Empowerment as well as entrepreneurship Program across the country and providing a platform to voice their issues and gather relevant learning from one another.

Over 140 women farmers and entrepreneurs from different districts (Lahore, Narowal, Sialkot, Faisalabad, Sargodha, Khushab, Multan, Layyah, Karachi, Hyderabad and Tando Allah Yar) participated in the conference.

To appreciate and acknowledge the products and practices of farmers and beneficiaries of entrepreneurship training, an exhibition was also organized for promoting their products. Different sustainable agriculture models were also displayed in the exhibition.

The proceedings of the conference started with a national anthem followed by folk song, documentary and inaugural address by Mr. Amjad Gulzar, Executive Director Caritas Pakistan who warmly welcomed the participants and urged them to learn as much as you can. This event is a tribute to contribution of women in different sectors and Caritas Pakistan will make sure that women conference is held every year, he further added. He also expressed the feelings of His Grace Archbishop Joseph Coutts for women development and encouragement through such events as well as different programs of Caritas Pakistan.

The exhibition was inaugurated by Mr. Amjad Gulzar, joined by the Mr. Robert Newsome (Political and Economic Chief – US Consulate); Ms. Mary Gill (MPA - Punjab Assembly), Ms. Saadia Sohail Rana (MPA Punjab Assembly), Ms. Fouzia Waqar (Chairperson Commission on status of women, Government of Punjab); Major Asia from "The Salvation Army" and Ms. Summera Saleem from Aurat Foundation. All these dignitaries were also the main speakers of the conference except Mr. Robert.

The panelists of first panel discussion on women empowerment highlighted role of Commission on status of women; punishment on child marriages; working women hostels; opportunities for skill development; monitoring by Commission, legal rights of women; right to land; demand for equal wage; women access to market; dissemination of information about markets; and economic development of illiterate and unskilled women.

The panelists of second plenary session included women farmers, an entrepreneur, female parliamentarians and representative of Caritas Pakistan. The speakers shared their experiences of benefitting from bio-gas plant; fuel efficient stove; and organic agriculture practices. While female parliamentarians talked about opportunities available for women empowerment and effect of climate change on the social and economic life of women.

Caritas Pakistan's contribution in empowering women since its inception was also revealed by Caritas representative.

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Lastly, a resolution was also read by one of the farmers, which highlighted their learning; commitment and action plan for replicating the learning. Some of the key action points included mobilizing women for response to climate change; training other women; gaining and disseminating information to other women; promotion of sustainable agriculture and home grown vegetables for minimizing malnutrition and food insecurity.

DRIP IRRIGATION UNIT INAUGURATED IN KARACHI

A World Kitchen Gardening Day and inauguration Ceremony of Drip Irrigation unit was observed on August 27th, 2016 at Nasrat Nagar area St. Jude's Parish Archdiocese of Karachi. Karachi, despite its vast lands and hard working farmers is still a deprived province, as its huge area is still not under cultivation because of limited irrigation network. However, the fate of Sindh could be changed by adopting drip irrigation system which could turn it into the grain basket of Pakistan. The shortfall of water is increasing very rapidly with the passage of time. This irrigation method has the advantage of precisely applying irrigation water in the root zone, thus offering the potential of increased profit due to reduced water, fertilizer, cultural costs and increased income due to increased yield. Caritas Pakistan Karachi initiated drip irrigation system for vegetable gardening for providing fresh vegetables to the community within limited water and land resources. Mr. Amjad Gulzar, Executive Director Caritas Pakistan Inaugurated the George Memorial Drip Irrigation unit to encourage and inspire other growers. He appreciated team of CPK for replicating an idea, learnt from Regional Farmer Conference in Indonesia. This is a good effort to conserve water and engage local community, he further added.



Livestock Management training at drought Affected areas

Caritas Pakistan Hyderabad successfully completed LMT Session on De-stocking and fodder storage in target 29 villages of UC Giriyancho Taluka islamKot under the project "Emergency livestock support in Drought affected areas 2016"



CBDRM AND EMERGENCY RESPONSE

COMPREHENSIVE SCHOOL SAFETY

Caritas Pakistan organized three days training on "comprehensive safety Training of Trainers (TOT)" on 16- 18 September 2016 at Caritas Research and Training Center under Disaster Risk Reduction Program to scale up risk reduction at school level. Participants from different regions of Pakistan linked directly and indirectly with educational institute attended training and prepared comprehensive contingency plan to equipped educational institute to cope with disaster situation. Mr. Nadeem Yousaf (National DRR Coordinator and response) explained causes why school safety is important in Pakistan. Mr. Estephen David (Livelihood officer) integrated climate change with major natural disaster and explained its impact on educational institute. Mr. Jaleel-UR-Rehman DRR expert explained the comprehensive school safety model and the approaches linked with it for detail HCVA (Hazard Capacity vulnerability assessment)mapping was done at school level and against these mapping contingency plan with defined role and responsibility of stakeholder was prepared. Response Capacity Development tools to response organization using Incident Command Systems and comprehensive action planning were the part of the training. Caritas Pakistan since its inception working for emergency response and have good models to mitigation disaster risk, and save lives as our mandate. Now Caritas aims to scale up DRR at school level to further save our future generation to meet any disaster.



MASS SCALE AWARENESS SESSION AND EXPOSURE VISIT

Under Community Based Disaster Risk Management (CBDRM) program, Caritas Pakistan Lahore conducted mass scale awareness sessions on disaster preparedness and how to mitigate risks for minimizing losses during any disaster at village Hanjli Mehtabpur, Tehsil Pasrur, District Sialkot. Moreover an exposure visit of members of Disaster Management



TRAINING WORKSHOP ON PSYCHOSOCIAL SUPPORT CARE

Caritas Pakistan organized Psychosocial Support training workshop from 19-20 July 2016 at National Secretariat Lahore. More than 20 representatives from different diocesan units participated in the training. Mr. Amjad Gulzar Executive Director said that community worker must be mentally fit. Dr. Jahan Ara clinical psychologist and facilitator shared about basic terminologies and incidents faced by our community in different situations. Different types of crisis events along with their impacts on human health were discussed. Role of volunteers and social mobilize in support community during crisis were explained. Participants shared different crisis and stress situation present in their respective areas. By reflecting on these situations different types of stress and their coping mechanism related to stress were discussed and referral mechanism to professional doctors along with symptoms of severe trauma explained to the participants. People of Pakistan in last few years faced different situation of emergencies, whether it's man-made in the form of blast or dispute among two tribes. Sometimes natural disasters traumatize people. In both losses was the common situation it may be in the form of good or life. Different symptoms, grief process and dealing methods shared during training. Vulnerable groups were identified in the communities by giving different examples of the communities. Community workers from different field of life were prepared to address the special needs of the vulnerable groups through the promotion of psychosocial wellbeing, community resilience stress coping mechanism and community based psychosocial support care. Executive Director Caritas Pakistan said "Our aim is to prepared expert psychosocial team; these teams may deal community through awareness and psychosocial support care to reduce the effects of disasters among marginalized communities"



WASH

Caritas Pakistan organized WASH training for the WASH team from 10 -11 August, 2016 at Lahore. Diocesan Executive Secretaries, Coordinators and social mobilizers diocesan units joined two days training. Mr. Nadeem Yousaf and Ms. Anila Gill through different participatory approaches explained WASH models and policies (PATs, CLTS, SLTS, Sanitation, WASH in disasters and SODIS). Documentary "Water and food crisis in Pakistan" indicating WASH and it interlinked problem of Pakistan were discussed to work with integrated approach and mainstream different vulnerabilities. Participants from different diocesan units shared their progress reports. "Through this fruitful learning we need to bring positive health impacts on our communities. We need to gave our best efforts in field through effective work; result oriented approach, enthusiasm, utilizing facilities in proper ways, work plan and reporting on time" said Mr. Amjad Gulzar executive director Caritas Pakistan



Panel Discussion and Distribution of Sodis Material (Solar Water Disinfection)

Caritas Pakistan Faisalabad organized a panel Discussion on Heath & Hygiene issues at Kamal pur Tiba Tehsil & district Faisalabad. On 28th September, 2016 There were 34females (women & Girls). Mrs. Nasreen Javed (Staff Nurse at St. Raphael Hospital Faisalabad) facilitated the sessions with the participants. distribution of SODIS material was organized at Kamal pur Tiba Tehsil & district Faisalabad, On 2nd October, 2016 Youhana Colony & Joseph Abad along with hygiene sessions.



Sr.#	Date	Area	Total participants		Tehsil &District
3	05-09-2016	Youhana colony	63	Children	Faisalab ad
4	14-09-2016	Joseph Abad	54	Children	Faisalab ad
5	16-09-2016	Youhana Colony	26	Female	Faisalab ad
6	23-09-2016	Youhana Colony	27	Female	Faisalab ad



European-Asian Partnership for Building Capacities in Humanitarian Action (PEACH)
funded by EU



Launching Ceremony of PEACH Project

Caritas Pakistan officially launched PEACH project, Chairman and Deputy Chairman of Caritas Pakistan along with Executive Director and National Diocesan office staff participated. European-Asian Partnership for Building Capacities in Humanitarian Action (PEACH) is project funded by European Union under the Humanitarian Volunteer Aid component from 2016-2018. Executive Director Mr. Amajd Gulzar gave an overview and introduction of project (PEACH). There are 10 partners in the consortium 7 from Asia and 3 from Europe.

The ceremony was held on 22nd July, 2016 at Renewal center Youhanabad, Lahore. His Excellency Rt. Rev. Archbishop Joseph Coutts (Archdiocese of Karachi and Chairman of Caritas Pakistan) accompanied by Rt. Rev. Archbishop Sebastian Francis Shaw(Archdiocese of Lahore and deputy chairman of Caritas) and Rt. Rev. Bishop Benny Mario Travas (Bishop of Diocese of Multan). Mr. Amjad Gulzar Executive director Caritas Pakistan and all the Executive secretaries attended the ceremony.

Rt. Rev. bishop Benny Mario Travas congratulated Caritas Pakistan executive director and team on Launching of Project and said this is big achievement and same time big responsibility as well. Archbishop Sebastian Francis Shaw congratulated Caritas Pakistan and said it is wonderful opportunity to train our youth to serve the humanity as a volunteer. "We need to be technicallyequipped and joined hands with other stakeholders to serve our community. This project is the best opportunity to involve our community potential for the humanitarian assistance" said Chairman Caritas Pakistan.

Mr. Amjad Gulzar appreciated effort of the people who designed project and said "Caritas through the excellent implementation of



REAL TIME REFLECTION/EVALUATION OF EA01/2016

Earthquake Rehabilitation, Real time reflection / Evaluation was organized on 19 August, 2016. Caritas Pakistan restored the lives of earthquake victims in Swat through provision of winterization, increased access to water, livelihood restoration, shelter and education. On project ending the reflection event was organized focused on providing an opportunity for CPIR project staff and Caritas Pakistan national office Emergency and Response team to share experiences their experiences in an attempt to capture not only the practical achievements of the program, but also the human work with those who had suffered throughout this crisis. In addition to discussion of existing experiences, the group also reflected on strengths and opportunities and came up with concrete action plans to address existing challenges and support learning, for future.